

PACKING LIST – GREECE

PACK YOUR BAGS!

The AdventureWomen team has curated this list for your adventure in Greece. It is meant to provide packing guidelines, but please also think about how you travel and what works for you as individuals. If you have any questions, please don't hesitate to ask! It's what we are here for.

Dress for the Weather

The weather in Greece should be nice, but please check the weather before you go to be sure you are prepared. The days will be warm (upper 70s-low 80s), and the nights may be cooler, so please be sure to bring a light jacket or sweater. You'll also want to bring some nicer clothes for evenings out at restaurants, as well as comfortable walking shoes and a bathing suit.

PACKING CHECKLIST

Clothing & Gear

- Duffel bag/suitcase
- Daypack
- 1 pair of comfortable walking shoes
- 1 pair of sandals/evening shoes
- 1 pair of flip flops
- 2-3 pairs of socks
- 3-4 short sleeve shirts/tank tops (quick dry recommended)
- 1 long sleeve shirt (quick dry recommended)
- 1 medium weight fleece sweater/jacket for cool evenings
- 1-2 pairs of pants
- 1-2 pairs of shorts
- 1-2 sun dresses (optional)
- 1-2 bathing suits
- Bathing suit coverup
- Waterproof jacket
- Hat for sun protection
- Underwear & bras
- Sleepwear

AdventureWomen Essentials

- Travel documents (passport, airline tickets, money)
- 2-3 spare passport photos (in case of lost passport)
- Write down/print out travel insurance number
- Locks for your suitcase/duffel bag (optional)
- Travel alarm clock with spare batteries or phone
- Headlamp or small flashlight with spare batteries
- Digital camera, memory cards, battery charger
- Power adapters/power bank (Greece has type C adapters (2 round pins) and 220/230 voltage. If you bring a curling iron or any other small appliance, you will need a converter)
- Sunglasses, case, and strap
- Spare glasses, contact lenses, cleaner, saline, etc.
- Money belt or neck pouch
- Water bottle
- Sunscreen and lip balm with SPF
- Hand wipes/hand sanitizer
- Toothbrush/toothpaste

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- Soap, shampoo, and conditioner (hair dryers will be provided at the hotels)

Personal First Aid Kit

- Prescription medicine you usually take (in original containers)
- Personal epi pen – if you need one, don't forget to pack it!
- Seasick medication (if prone to sea sickness)
- Bandages, gauze, ace bandage, blister prevention
- Antiseptic wipes/spray
- Antibiotic ointment
- Cotton-tipped applicators
- Oral rehydration tablets/packets – helpful to rehydrate if needed
- Antidiarrheal medication
- Mild laxative
- Antacid
- Cold remedies
- Ibuprofen/acetaminophen
- Eye drops
- Tweezers, scissors (travel size), safety pins

Please note you'll be taking different modes of transportation that could cause motion sickness, and you'll be tasting many different foods. Please be sure to consult a travel doctor if you have any concerns and bring prescription and over-the-counter medicine you feel YOU will need for this trip.