

# INDONESIA

## Culture, Beaches, Orangutans, & Dragons

### TRIP HIGHLIGHTS

- ▶ Enjoy island hopping in Indonesia from Java to Rinca, Komodo to Bali
- ▶ Spend three days immersed in all things orangutan in Tanjung Puting National Park
- ▶ Sail, bicycle, snorkel, and relax beachside in Rinca and Bali
- ▶ Meet Ubud artisans in Bali and learn about Balinese culture first-hand

### TRIP ROUTE



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### QUICK VIEW ITINERARY

Day 1	arrive in Jakarta, welcome dinner
Day 2	fly to Kalimantan, cruise on a riverboat in the rainforest
Day 3	witness two orangutan feedings, search for wildlife on the river
Day 4	visit Camp Leakey, see orangutan
Day 5	fly to Java, taste coffee at a local plantation
Day 6	see sunrise from Dagi Hill, explore a local village
Day 7	fly to Labuan Bajo, sail to Komodo National Park on your private boat
Day 8	search for Komodo dragon on foot, swim or snorkel
Day 9	relax on your chartered boat fly to Bali, settle into your hotel
Day 10	enjoy a Balinese cooking class, free afternoon to explore
Day 11	explore the food and art market, whitewater rafting, dinner in a local home
Day 12	explore a Balinese village by bicycle
Day 13	relax at the beach for a day, farewell dinner
Day 14	depart Indonesia

### ACTIVITY LEVEL

Active

### TRIP PRICE

Main Trip: \$7,795

Optional Single Accommodations: \$2,200

Internal Air: \$1,000

### TRIP DATES

June 5 - 18, 2025

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**DAY 1**  
Thursday  
6/5/25

### Arrival in Jakarta

Welcome to Indonesia! Straddling the equator, the heavenly country of Indonesia is comprised of thousands of islands, little green gems in a sparkling blue sea. Start your unforgettable island-hopping adventure in Jakarta.

During your adventure, you'll get to know your expert Indonesian guide, who will help you discover the secrets of each island you will explore. You are also accompanied by an AdventureWomen Ambassador, committed to helping make your experience a fun and personally rewarding adventure, and cheering you on as you reach beyond your comfort zone to take on new challenges in your own unique way!

#### Arrival Information

Arrive in Jakarta, Indonesia (CGK) today before 3:00pm.

#### Pick-up and Transfer

You will be met and transferred to your hotel in Jakarta. There will be one group transfer provided (time TBD). Transfers will be available for other arrival times at an additional cost.

#### Welcome Dinner

Enjoy a lively welcome dinner as you get to know your fellow travelers this evening. Share stories and learn about why each woman in your trip is excited to explore Indonesia!

### Accommodations

Hotel Borobudur

### Meals Included

dinner

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**DAY 2**  
Friday  
6/6/25

### Jakarta to Kalimantan

Borneo is the third-largest island in the world and the largest in Asia. It is home to one of the oldest rainforests on the planet and is known for the native Bornean orangutans.

#### Morning Flight

After breakfast, return to the airport and board a morning flight to Pangkalan Bun on the island of Kalimantan, Indonesian Borneo.

#### Visit a Dayak Community

Visit a Dayak long house where you will be welcomed with a traditional ceremony performed by members of the local community.

#### Transfer to Your Klotok

On arrival you will be met and escorted to the nearby port of Kumai, where you'll board what the locals call a "Klotok," a wooden riverboat that measures approximately 19.5' x 6.5'. The boat is equipped with an upper deck that allows you to view the rain forest as you glide by. Travel into the Tanjung Puting National Park located about two hours up-river from Kumai. It is not unusual to see female orangutans building their nests high in the treetops as you cruise up the river.

#### Lunch

Lunch will either be served on the klotok on the way to your lodge or at a local restaurant depending on the timing of your flight.

#### Afternoon Along the River

This afternoon, explore and observe the many different forms of wildlife along the river. Enjoy dinner on the boat at the dock near your lodge.

### Accommodations

Rimba Lodge

### Meals Included

breakfast, lunch, dinner

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**DAY 3**  
Saturday  
6/7/25

### Kalimantan

The Bornean orangutan belongs to the only genus of great apes native to Asia. Orangutans are highly intelligent - they use fairly sophisticated tools and have distinct cultural patterns in the wild. Rangers cover tall feeding platforms with fruits and veggies then call the wild orangutans with a throaty “Ooo ooo!”; watch as adults, juveniles, and mothers with babies holding tight swing through trees toward their meal. While at Camp Leakey, learn about their research and preservation programs, and as you walk through the preserve, remember to look up – you might just spot female orangutans nesting in the trees.

#### Morning Ride up the River

Board the klotok to travel upriver through the park to Pondok Tanguii. Look for monkeys, birds, and other wildlife along the riverbank.

#### Orangutan Feeding

Arrive at Pondok Tanggui in time for the daily orangutan feeding at 9:00am. Walk into the jungle along small tracks and witness these incredible creatures in a natural habitat from just few feet away.

#### Lunch

Lunch will be served on the klotok this afternoon.

#### Afternoon Feeding

Enjoy another orangutan feeding. Observe these thoughtful, fascinating creatures as they come feast on bananas for their breakfast.

#### Dinner

Enjoy sunset and dinner on the boat as you cruise back to the lodge.

### Accommodations

Rimba Lodge

### Meals Included

breakfast, lunch, dinner

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**DAY 4**  
Sunday  
6/8/25

### Kalimantan

The Bornean orangutan is the third-heaviest living primate and the largest tree-dwelling animal alive today. These orangutans live in tropical and subtropical forests in the Bornean lowland, as well as in mountainous areas up to 4,900' above sea level. They move long distances to find trees bearing fruit.

#### Morning on the River

Enjoy another morning cruising the river. Head up a branch of the river where you can search for crocodiles.

#### Lunch on Board

Have lunch on the boat as you continue along the river. Prepared by the boat crew, your meal consists of delicious Indonesian dishes of fresh fish, chicken, beef, vegetables, and fruit with plenty to drink. During lunch the boat will turn from the "Big" Sekonyer to the "Small" Sekonyer branch of the river, otherwise known as Crocodile River. Living up to its name, this small river is the home to many crocodiles!

#### Visit Camp Leakey

Arrive at the famed Camp Leakey, established in 1971 to support research activities in Tanjung Puting Wildlife Reserve. Learn about the local families of orangutans. Observe these impressive animals, and perhaps see wild gibbons, macaques, and birds.

#### Evening Cruise and Dinner

Enjoy an evening cruise back up the river to your lodge. Have dinner along the way. Eating as you watch the riverbanks float past you is a calming and magical experience.

### Accommodations

Rimba Lodge

### Meals Included

breakfast, lunch, dinner

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**DAY 5**  
Monday  
6/9/25

### Kalimantan to Java

Fly from Kalimantan to Java. Java is home to more than 50% of the Indonesian population. It was the center of Hindu-Buddhist empires, Islamic sultanates, and the core of the colonial Dutch East Indies.

#### Early Wakeup and Flight

Wake up very early this morning and head to Pangkalan Bun to catch your flight to Semarang on the island of Java.

#### Lunch

Enjoy lunch when you arrive in Java.

#### Coffee Tasting

Take a tour of a local coffee plantation, complete with a coffee tasting. You'll have an opportunity to buy coffee to bring home if you'd like.

#### Dinner

Dinner is on your own tonight. There are multiple dining options at your beautiful resort.

### Accommodations

Royal Ambarrukmo

### Meals Included

breakfast, lunch

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**DAY 6**  
Tuesday  
6/10/25

### Java

Java is almost entirely of volcanic origin. It has 38 mountains that form an east-west spine across the island. The island is known for growing rice and coffee.

#### Sunrise on Dagi Hill

In the early hours of the morning, for those interested, you'll embark on a pre-dawn journey with your guide to Dagi Hill to enjoy the sunrise. Following this breathtaking spectacle, a picnic breakfast awaits you.

Afterward, your exploration continues with a visit to Borobudur, where you'll spend the morning. The stone relief panels offer a clear glimpse into Buddhist doctrine and Javanese life 1,000 years ago. You'll have ample time to leisurely wander through this magnificent monument.

Climb the steps to encounter 1,640 relief panels and 504 Buddha statues. As you approach the top of the monument, you may have the privilege of witnessing an extraordinary sunrise (please note that the 9th and 10th levels are presently closed, but the 8th level offers a splendid vantage point).

#### Breakfast

Enjoy breakfast after your early morning excursion.

#### Visit to Candirejo Village

Late this morning, visit Candirejo Village and have an opportunity to meet with the local community members to see their farms and plantations. End your visit with a lesson in traditional Gamelan music at one of the local homes. Lunch is on your own today.

#### Afternoon to Relax

Spend the afternoon at your stunning hotel. Explore the grounds or take a dip in the inviting pool to cool off after your busy morning.

#### Dinner

Enjoy dinner at your hotel this evening.

### Accommodations

Royal Ambarrukmo

### Meals Included

breakfast, dinner



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**DAY 7**  
Wednesday  
6/11/25

### Java to Komodo National Park

Labuan Bajo is a small fishing town on the island of Flores. It is the ideal launching point from which to visit Komodo National Park.

#### Flight to Labuan Bajo

Today is a long travel day, but the reward is worth it. Take an early morning flight from Java to Labuan Bajo with a layover in Bali or Jakarta. During your layover, you'll have lunch at a local restaurant before connecting with your onward flight. Land in Labuan Bajo on the island of Flores, the departure point for a visit to the Komodo National Park.

#### Settle in on the Cheng Ho

Transfer to the harbor and board your luxury chartered vessel, Cheng Ho, setting sail for a two night voyage to search for Komodo dragons.

#### Kalong Island

Watching the fruit bats take flight from Kalong Island is an astonishing sight. Thousands of bats are backlit by a stunning sunset as they fly off the island in the evening to feed.

#### Dinner

Enjoy dinner on board. After dinner, take some time to stargaze.

### Accommodations

Cheng Ho

### Meals Included

breakfast, lunch, dinner

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**DAY 8**  
Thursday  
6/12/25

### Komodo National Park

The Komodo National Park is located within the Lesser Sunda Islands on the border region between the provinces of East Nusa Tenggara and West Nusa Tenggara. The park is the domain of a fierce and rare species of reptile that looks like a dinosaur, called the Komodo dragon, remnant of a once widespread ancient order of monitor lizards that today survive in the harsh climate of Indonesia's Lesser Sunda Islands.

#### Search for Komodo Dragons

After breakfast on board the Cheng Ho, get in smaller boats and hop out on Komodo Island. You'll be escorted by rangers to search for Komodo dragons on foot. Climb to the top of the hill just behind the beach on Komodo Island for a stunning panoramic view of the surrounding area.

#### The Pink Beach

After lunch on the Cheng Ho, spend some time on the Pink Beach, which gets its name (and color!) from the particles of red coral that are mingled in with the sand. Do some snorkeling from the beach, or just swim and relax on the sand.

#### Dinner

Enjoy dinner on board this evening.

### Accommodations

Cheng Ho

### Meals Included

breakfast, lunch, dinner

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**DAY 9**  
Friday  
6/13/25

### Komodo National Park to Bali

Bali is an island paradise, with lush rice field terraces, stunning volcano and lake views, and beautiful beaches, but it is often the warmth and friendliness of the Balinese people that make any stay on the island so memorable. The predominantly Hindu island gives visitors the chance to have an exclusive and fascinating cultural experience, while still being able to partake in various activities including swimming, surfing, soothing massages, and diving deep into the depths of the splendid waters and culture. Blossoming and fertile rice field terraces, remarkable volcano and lake views, and picturesque beaches, all combined by the warmth and friendliness of the Balinese people makes the stay on this island a truly memorable visit.

**Relaxing Morning** Spend a relaxing morning on the Cheng Ho, watching islands drift by as you cruise back to your port in Labuan Bajo. Enjoy lunch on board before saying goodbye to the boat crew.

**Fly to Bali** This afternoon, fly to Denpasar, Bali – the “Island of the Gods,” and proceed to Ubud, arriving just in time for dinner at your hotel.

### Accommodations

Komaneka Rasa Sayang

### Meals Included

breakfast, lunch, dinner

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**DAY 10**  
Saturday  
6/14/25

### Bali

Ubud is the vivacious center of Bali's arts scene, famous for its artists and paintings, and home to a small treasure trove of museums and galleries. Near Bali's cool central upland, there are many cultural landmarks, ranging from ancient temples and majestic age-old royal palaces, to wonderful panoramas of green hillsides and rice terraces. It is where some of the world's notable artisans and collectors have visited, lived and worked, creating or compiling eclectic masterpieces that you can observe in local museums and art galleries.

#### Balinese Cooking Class

Embark on a culinary adventure that unlocks the secrets of authentic Balinese cooking, utilizing traditional ingredients and preparation methods, in a fully equipped community village kitchen. Your day begins early at the Ubud markets with the chef as you buy fresh herbs and spices, crisp vegetables, and choice cuts of meat. Explore cooking techniques and the fascinating kitchen myths of Balinese cuisine, and learn about the exotic herbs and spices used in ceremonial and everyday Balinese dishes. After preparing the meal, sit down together to enjoy it as a group.

#### Afternoon at Leisure

Take the afternoon to explore, shop, or maybe just relax. This is a fun area to wander around in small groups.

#### Dinner

Enjoy dinner on your own this evening.

### Accommodations

Komaneka Rasa Sayang

### Meals Included

breakfast, lunch

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**DAY 11**  
Sunday  
6/15/25

### Bali

The fabled town of Ubud, in central Bali, sits on gentle mountain slopes surrounded by emerald rice paddies, coconut groves, and ancient temples. For more than a century, its mystical charms and sublime landscapes have drawn artists, craftspeople, and writers who live and work in and around the town.

#### Exploring Ubud

This morning, you'll visit Goa Gajah, or Elephant Cave, a Hindu meditation center built in the 11th century. Explore the food market, and learn about local produce, and enjoy visiting the art market.

#### Lunch

Lunch today is at a restaurant overlooking the Tjampuhan River, with breathtaking views of the surrounding hills.

#### Afternoon Rafting on the Ayung River

After lunch what's more fun than an active whitewater rafting trip on the world-class Ayung River! The adventure begins with a safety and equipment briefing given by your expert guide. You'll walk down a long set of stone stairs (600 stairs!) to reach the river. It's then head-long into the first set of Class II & III rapids, through towering gorges and past untamed rainforest and magnificent rice paddy terraces. Your professionally trained and experienced guides will call out instructions and safely navigate your rafts through this exciting river. Go AdventureWomen! At the end of the rafting adventure, climb the stairs (another 350 stairs!) leaving the gorge.

#### Dinner

In the early evening, take a short stroll to Cafe Wayan, just under 100 meters from your hotel. Enjoy a delightful dinner with your group.

### Accommodations

Komaneka Rasa Sayang

### Meals Included

breakfast, lunch, dinner

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**DAY 12**  
Monday  
6/16/25

### Bali

A Balinese traditional house follows a set of strict, ancient architectural guidelines, which are a blend of Hindu and Buddhist beliefs, infused with animism. The concept is based on the Hindu dharma principle: every object in the universe has an ideal location which must be correctly aligned at all times in order to have harmony with the universe; this harmony is essential in order for a person to achieve moksha, or the point of liberation where a person can achieve a perfect state of being.

#### Bali by Bike

Explore Bali by bicycle, starting just north of Ubud. You will ride through villages, seeing the real Bali. Visit temples and ride through rice fields. You'll visit a local family's compound and learn about the significance and uses of each building. Biking is a peaceful way to explore the countryside. Finish your ride with a delicious lunch.

#### Drive to Sanur

Check out of your hotel and drive to Sanur, a beautiful beach area in southern Bali. Enjoy dinner and the rest of the evening on your own.

### Accommodations

Maya Sanur Resort

### Meals Included

breakfast, lunch

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**DAY 13**  
Tuesday  
6/17/25

### Bali

The beaches in this area of Bali are incredible - white sands, deep water, and long stretches of beach are perfect for swimming. Bali is the ideal place to relax before you head home.

**Day on Your Own** Spend a full day relaxing at the beach at your beautiful hotel. Perhaps schedule a massage!

**Meet a Local Woman** Spend time with a woman from the local community. Learn about what it's like as a woman in modern Bali, what traditions they continue, and what is changing.

**Farewell Dinner** Have a farewell dinner with your new AdventureWomen friends. Reminisce over all the memories you have made and celebrate the end of an amazing journey through this truly spectacular country.

### Accommodations

Maya Sanur Resort

### Meals Included

breakfast, dinner

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**DAY 14**  
Wednesday  
6/18/25

### Depart

All great adventures must one day come to an end. Enjoy your last few hours in Indonesia before heading home.

#### Transfer to the Airport

Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home.

#### Departure Information

Depart Bali Ngurah Rai International Airport (DPS) anytime after 12PM today.

*Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.*

**Meals Included**  
breakfast



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### Accommodation Details

**Hotel Borobudur** Hotel Borobudur Jakarta is situated right in the center of Jakarta. It is only a stroll away from the Presidential Palace and a quick ride to shopping malls and business districts. Spanning 23 acres of tropical gardens and supported with extensive recreational facilities, Hotel Borobudur Jakarta has become an oasis where people can relax and escape from the hustle and bustle of the city.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

**Rimba Lodge** Rimba Lodge is a basic accommodation nestled deep within the lush jungle. Surrounded by trees of varying sizes, their dry leaves fall gracefully in front of the rooms.

Amenities: Soap, shampoo; electricity

**Royal Ambarrukmo** What once served as the Yogyakarta Royal palace and gardens stand today as one of Yogyakarta's finest hotels. This award-winning hotel offers a prestigious sanctuary to the discerning business and holiday traveler, Meticulously renovated, Royal Ambarrukmo Yogyakarta infuses authentic royal tradition, glamour and grace with 21st century modernity and sophistication.

Amenities: Soap, shampoo, conditioner, flat-screen TV, safe, Wi-Fi

**Cheng Ho** Your sailing vessel, Cheng Ho, is a modified Phinisi (Bugis) schooner launched in 2000 and named after the famous Chinese mariner, explorer, diplomat and fleet admiral who played an important part in Asia's maritime history. Constructed with three decks, 110 feet long, 34 feet wide, and with 14 cabins, the Cheng Ho has plenty of space to lose yourself, whether in the air-conditioned comfort of the large saloon or on the decks under the shade of one of the ship's huge sails. All cabins have individual air conditioning, a private bathroom with hot and cold water, wireless internet connection and plenty of storage. The Cheng Ho is equipped with a modern navigation system, plus updated safety and first aid equipment.

Amenities: Soap, shampoo, hair dryer; electricity

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### Accommodation Details

#### **Komaneka Rasa Sayang**

Komaneka at Rasa Sayang is a stylish small hotel in the midst of central Ubud's cafes and boutiques but set off from the street in luxurious calm. The smart modern architecture is warmed by the use of wood and recycled timber. The Deluxe rooms have sleek, first-class interiors with generous living space and broad balconies facing urban gardens. A sheltered infinity pool overlooks a quiet river valley.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; Wifi

#### **Maya Sanur Resort**

Featuring an outdoor pool and four on-site restaurants and bars, Maya Sanur Resort & Spa offers modern and luxurious beachfront getaway in the tranquil area of Sanur. It's the ideal place to unwind before your long flights home.

Amenities: complimentary toiletries, bathrobes, hair dryer, minibar, bottled water, safe, flatscreen TV  
Wi-Fi, air conditioning

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### Included:

- ▶ Accommodations as per itinerary based on double occupancy
- ▶ All meals as listed in the itinerary
- ▶ All ground transportation
- ▶ One group transfer on arrival and departure
- ▶ Domestic airfare (priced separately from the main trip)
- ▶ Guided sightseeing and activities as indicated in the itinerary
- ▶ Entrance fees
- ▶ English-speaking guide(s) throughout the trip
- ▶ Drinking water available in large jugs to refill personal bottles
- ▶ Gratuities for local guide, driver, and hotel and wait staff

### Not Included:

- ▶ International airfare to and from Indonesia
- ▶ Optional activities
- ▶ Meals not specified in the itinerary
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Fees for passport, visas, immunizations, or travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities for main guide and boat staff

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### Cancellations and Refunds

Notification of cancellation must be made in writing to AdventureWomen, LLC (email will be accepted). Full payment is due 90 days prior to departure date.

- For cancellations received 89-60 days prior to the trip departure date: 50% of the package price is non-refundable and non-transferable.

- For cancellations received 59-0 days prior to the trip departure date: 100% of the package price is non-refundable and non-transferable.

You are highly encouraged to purchase **trip cancellation insurance** to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

### Deposit Transfer

You can transfer your deposit to another trip with no additional fee if you notify us within 120 days of the original trip departure date. We can hold your deposit for up to six months as a credit. Failure to book a new trip within this timeframe will result in the forfeiture of your deposit. Please note that this policy doesn't apply to extensions purchased with the main trip, for which the deposit is non-refundable and non-transferable. Please note that the deposit for extensions is non-refundable and non-transferable.

### No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen trips.

### Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

### Adventure Travel Today

We define "adventure travel" as travel in which one actively participates, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes trips all over the world for women who want an active, out of the ordinary experience, and meet new friends. **Most of all, we want our trips to be fun!** In this spirit, the successful adventure traveler should be a good-natured realist and have a sense of humor! Adventure trips, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. Being on time is important, and contributes to the congeniality, success and well-being of both individuals and the group!