

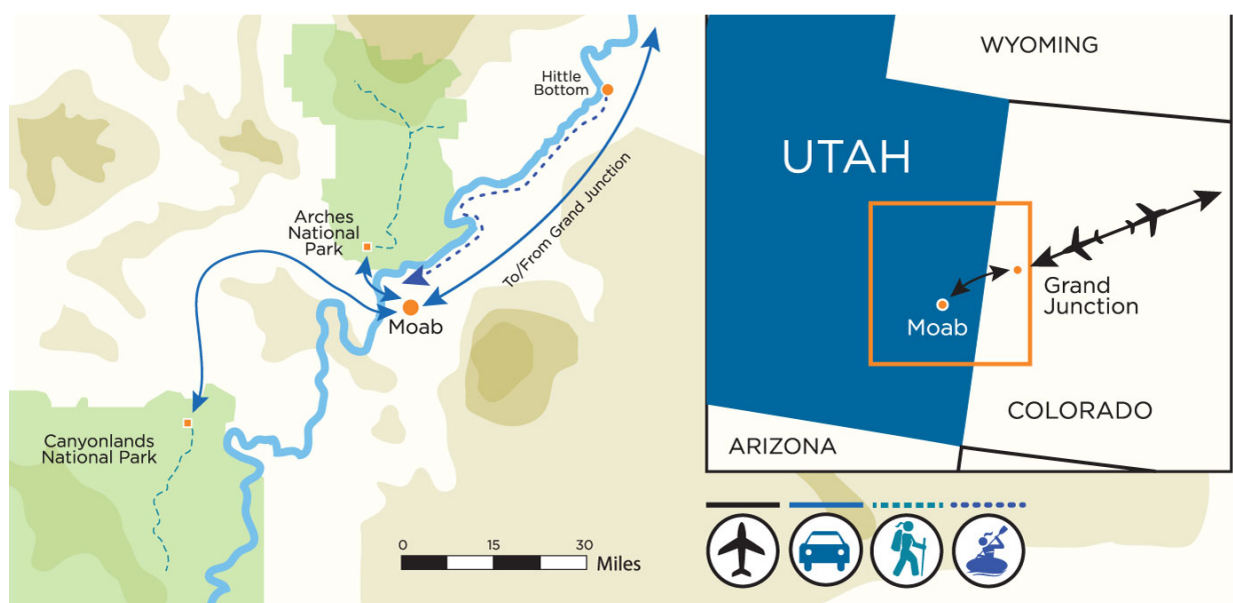
MOAB

Moab, Arches, and Canyonlands Adventure

TRIP HIGHLIGHTS

- ▶ Explore the awe-inspiring beauty of Arches National Park and Canyonlands National Park on scenic hikes through their diverse landscapes
- ▶ Experience the thrill of rafting on the majestic Colorado River, surrounded by stunning canyon scenery
- ▶ Indulge in the adrenaline-pumping activities of canyoneering and ziplining
- ▶ Witness the mesmerizing sunset at Dead Horse Point State Park, offering panoramic vistas of the Colorado River and Canyonlands
- ▶ Relax and unwind at the tranquil Moab Springs Ranch, taking in the beauty of the surroundings.

TRIP ROUTE



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QUICK VIEW ITINERARY

Day 1	arrival in Grand Junction, scenic 2-hour drive to Moab, Utah, welcome dinner
Day 2	full day hiking in stunning Arches National Park, dinner at leisure in charming Moab
Day 3	rafting in the Colorado River, relaxation at the ranch
Day 4	jeeping on the "Hell's Revenge" Trail, hike in Canyonlands National Park, sunset at Dead Horse Point State
Day 5	canyoneering and ziplining, farewell dinner
Day 6	depart Moab

ACTIVITY LEVEL

High Energy

TRIP PRICE

Main Trip: \$4,995

Optional Single Accommodations: \$1,200

TRIP DATES

June 15 - 20, 2025

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DAY 1
Sunday
6/15/25

Arrive in Grand Junction, Colorado

Moab is a city in eastern Utah, known for its stunning desert landscapes, outdoor recreation opportunities, and proximity to several national parks and monuments. It sits alongside the Colorado River, near the borders of Arches and Canyonlands National Parks. Moab is a mecca for outdoor enthusiasts due to its incredible natural scenery and easy access to recreational areas. Whether it's hiking, canyoneering, rafting or just taking in the incredible scenery, Moab offers an unforgettable outdoor experience surrounded by otherworldly desert landscapes.

Arrival Information

Arrive at Grand Junction Regional Airport (GJT) in Colorado before 2 PM today.

Transfer Information

From the airport, join your group at 2 PM for a scenic two-hour drive to Moab, Utah. Along the way, marvel at the breathtaking vistas of the Colorado River and the captivating red rock formations that line our route. We strongly recommend arranging for a 2 PM group departure. While private transfers are also available for purchase, they are costly.

Welcome dinner

Upon arrival at Moab Springs Ranch, your home base for the duration of the trip, settle into your cozy accommodations. Join your group for a lively welcome dinner to kick off this unforgettable journey. Connect with your fellow travelers, share stories and discover the unique reasons each woman in your group is excited to explore Moab.

Accommodations

Moab Springs Ranch

Meals Included

dinner

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DAY 2
Monday
6/16/25

Arches National Park

Located just 5 miles north of Moab, Arches National Park is a famous national park containing over 2,000 natural sandstone arches. The arches were formed by erosion of the red Entrada Sandstone over millions of years. Delicate Arch is one of its most iconic formations. The park covers 76,679 acres of high desert landscape.

Full Day Hike in Arches National Park

After enjoying an early ranch breakfast prepared by your guides, embark on a day of exploration in the stunning Arches National Park. With over 2,000 natural stone arches, towering pinnacles, and colossal balanced rocks, this red rock paradise promises to mesmerize with its formations sunsets. Our first adventure takes us along the Delicate Arch Trail, where you'll encounter the iconic arch often seen on Utah license plates. Following this memorable hike, embark on several exhilarating stops and short hikes to marvel at numerous arches, including viewpoints such as the balanced rock viewpoint, courthouse wash panel trail showcasing ancient rock markings, the landscape arch trail in Devils Garden, Park Avenue, and Sand Dune Arch. Expect a full day immersed in the breathtaking beauty of the red rocks.

Evening and Dinner

Take some time to relax and refresh at the ranch before heading out for a short drive into town. Tonight, dinner will be at your leisure, providing the perfect chance to explore the charms of Moab and discover its diverse dining scene.

Today's Hike

6-8 miles, approx. 4-5 hours, 538 ft max elevation gain

Accommodations

Moab Springs Ranch

Meals Included

breakfast, boxed lunch

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DAY 3
Tuesday
6/17/25

Colorado River

The Colorado River in Utah plays a crucial role in the state's water supply, with approximately 27% of Utah's water coming from this river. The Colorado River Authority of Utah was established to protect and develop Utah's interests related to the Colorado River. The river flows through Utah's "slickrock" country, characterized by narrow canyons and unique rock formations, before entering Cataract Canyon and Glen Canyon, known for its arches and Navajo sandstone formations. Additionally, the Colorado River is a popular destination for outdoor activities like river rafting, offering exhilarating experiences amidst the stunning red rock canyons of southern Utah.

Rafting Adventure in the Colorado River

Get ready for an exciting rafting adventure! Today is all about navigating the breathtaking Colorado River. Kick the day off with a scenic drive along one of the most picturesque highways in the West before setting off on the exhilarating waters of the Colorado River. Experience the thrill of mild rapids and enjoy leisurely floats along calm stretches, giving you ample opportunity to soak in the scenery while drifting with your life jacket. Take a pause at a picturesque riverside ranch, where you can indulge in a hearty BBQ lunch.

Evening at the Ranch

Return to the ranch for a delightful evening, complete with a delicious dinner. Take advantage of the ranch amenities by cooling off in the pool or hot tub, relaxing in a hammock by the springs, or engaging in some friendly games on the lawn.

Accommodations

Moab Springs Ranch

Meals Included

breakfast, lunch, dinner

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DAY 4
Wednesday
6/18/25

"Hell's Revenge" Trail

Hell's Revenge is a premier off-road trail located northeast of Moab, Utah, between the Sand Flats Road and the Colorado River. Hell's Revenge offers stunning scenery, with large vistas sweeping from the La Sal Mountains through Arches National Park to the cliff rims overlooking Moab Valley. The nearby area is an amazing stretch of bare sandstone with clefts and canyons.

Jeeping!

The excitement continues today with one of Moab's signature activities: jeeping! Brace yourself for an adrenaline-pumping adventure as you conquer Moab's renowned red rock fins on the thrilling "Hell's Revenge" trail. Navigate through rugged rock canyons, soaking in the area's fascinating geology and rich history. Pause at scenic overlooks to marvel at panoramic views of the Colorado River and Arches National Park. Capture the stunning surroundings with your camera. Jeeping is the ultimate way to experience Moab's unique backcountry in style.

Canyonlands National Park

Return to the Ranch to quickly freshen up and continue your outdoor exploration with a journey to Canyonlands National Park. Your first hike leads you along the famous Mesa Arch Trail, offering breathtaking views of the La Sal Mountains from the edge of a cliff. Next, venture to the Grand View Point overlook, treating yourself to a mesmerizing 360-degree panorama showcasing the remarkable sculpting of the park by the river. To conclude your hiking expedition, explore the Murphy Point Trail, immersing yourself in additional scenic viewpoints. Refuel with a picnic lunch amidst the natural splendor.

Sunset at Dead Horse Point State Park

As the day draws to a close, prepare to be enchanted by a spectacular sunset at Dead Horse Point State Park. Learn the art of capturing stunning photos against the backdrop of the park's breathtaking rock formations and silhouettes. Next, enjoy dinner as a group.

Today's Hike

6 miles, approx. 4 hours, 142 ft max elevation gain

Accommodations

Moab Springs Ranch

Meals Included

breakfast, lunch, dinner

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DAY 5
Thursday
6/19/25

Canyoneering and Ziplining

Canyoneering and ziplining are two popular adventure activities in Moab. They offer very different experiences. Canyoneering involves navigating through narrow canyons and learning various skills while ziplining is a thrilling ride that lasts for seconds as you zip through the air over sandstone cliffs and canyons.

Canyoneering or Ziplining

Prepare for a thrilling lineup of adventures! The group will split into two, with one half embarking on an exhilarating canyoneering excursion, while the other half takes on the adrenaline-pumping challenge of ziplining.

For those who start the day with the canyoneering adventure, prepare for a 2.5 miles scenic hike through sandstone terrain, leading you to the majestic Longbow Arch. This daring journey involves steep climbs and four rappels ranging from 15 to 80 feet, offering an unforgettable descent into the breathtaking canyons below. Along the way, you'll encounter ancient petroglyphs left by the Ancestral Puebloans and even have the chance to witness fossilized dinosaur tracks.

Meanwhile, the zipline adventure kicks off with an exciting 4x4 ride to the cliff tops overlooking Moab. From that point, glide over the landscape to reach a 100-foot suspension bridge spanning the gap between two sandstone fins. As you zip across six exhilarating ziplines over 0.5 miles, you'll be treated to sweeping views of the iconic La Sal Mountains and the meandering Colorado River.

Swap Out: Canyoneering or Ziplining!

Regroup in town for a well-deserved lunch before swapping out for your second adventure!

Farewell Dinner

Enjoy a farewell dinner with your new AdventureWomen friends. Reflect on the cherished memories you've created and celebrate the conclusion of an amazing journey through this truly remarkable country.

Accommodations

Moab Springs Ranch

Meals Included

breakfast, lunch, dinner

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DAY 6
Friday
6/20/25

Depart from Grand Junction Airport, Colorado

Enjoy a few more moments at the ranch before bidding farewell to this enchanting land. Say goodbye to the incredible guides and fellow travelers who have shared this memorable journey with you.

Departure Information

After breakfast at the ranch, it's time to make your way back to Grand Junction Airport (GJT) for your return flight home. Ensure that you schedule a flight with a departure time after 1 PM to allow ample time for travel and airport procedures.

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time, if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

Meals Included
breakfast

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Accommodation Details

Moab Springs Ranch

The Moab Springs Ranch sits at an ideal spot, nestled on the northern edge of town, mere steps away from the stunning sights of the Colorado River, and Arches National Park. Within a short distance lies the vibrant hub of central downtown Moab, teeming with restaurants, shops, and essential services. A secure, paved bike path seamlessly links the Ranch to the heart of town, while an extensive network of road and mountain bike trails invites adventurers in every direction.

Step out the back door, and you're greeted by the untouched expanse of the Slickrock Mesa wilderness. At Moab Springs Ranch, you're not merely near the landscape – you're immersed in its beauty and grandeur!

Amenities: complimentary toiletries, hair dryer, flatscreen TV, electric kettle, coffee / tea maker, refrigerator, air conditioning, free Wi-Fi

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Included:

- ▶ Accommodations as per itinerary based on double occupancy
- ▶ One group transfer on arrival and departure
- ▶ All meals as listed in the itinerary
- ▶ Ample snacks throughout the trip
- ▶ Drinking water to refill personal bottles
- ▶ All ground transportation
- ▶ Activities as indicated in the itinerary
- ▶ Professional hiking and canyoneering guides

Not Included:

- ▶ Airfare to and from Colorado
- ▶ Meals not specified in the itinerary
- ▶ Optional activities
- ▶ Alcoholic beverages (unless otherwise specified)
- ▶ Fees for travel insurance
- ▶ Cost of hospitalization or evacuation
- ▶ Items of a personal nature
- ▶ Gratuities

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Cancellations and Refunds

Notification of cancellation must be made in writing to AdventureWomen, LLC (email will be accepted). Full payment is due 90 days prior to departure date.

- For cancellations received 89-60 days prior to the trip departure date: 50% of the package price is non-refundable and non-transferable.

- For cancellations received 59-0 days prior to the trip departure date: 100% of the package price is non-refundable and non-transferable.

You are highly encouraged to purchase **trip cancellation insurance** to cover emergency situations. Travel insurance information will be sent to you once you have registered for your trip.

Deposit Transfer

You can transfer your deposit to another trip with no additional fee if you notify us within 120 days of the original trip departure date. We can hold your deposit for up to six months as a credit. Failure to book a new trip within this timeframe will result in the forfeiture of your deposit. Please note that this policy doesn't apply to extensions purchased with the main trip, for which the deposit is non-refundable and non-transferable. Please note that the deposit for extensions is non-refundable and non-transferable.

No Smoking Policy

Beginning in 1995, our trips became smoke free. Please note that there will be no smoking by any participants on AdventureWomen trips.

Health Insurance

You must have your own health insurance to participate in an AdventureWomen trip.

Adventure Travel Today

We define "adventure travel" as travel in which one actively participates, as opposed to a "tour," in which one is more or less a passive observer. AdventureWomen designs and organizes trips all over the world for women who want an active, out of the ordinary experience, and meet new friends. **Most of all, we want our trips to be fun!** In this spirit, the successful adventure traveler should be a good-natured realist and have a sense of humor! Adventure trips, by nature, require that participants be self-sufficient, flexible, and able to accept situations as they exist, and not just as they would have preferred or expected them to exist. The constraints of scheduled group traveling also necessitate that each of us be understanding of and sensitive to others. Being on time is important, and contributes to the congeniality, success and well-being of both individuals and the group!