adventure women

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Iceland: Searching for the Northern Lights

DURATION | 7 Days

TRIP LEVEL | Level 2 - Moderate

Trip Overview

Join AdventureWomen for a spectacular journey through Iceland, where stunning winter landscapes meet vibrant Norse legends. Experience exhilarating days exploring geysers, waterfalls, and majestic glaciers, followed by enchanting nights under the mesmerizing Aurora Borealis.

Start in Reykjavík, where you'll meet your guide and fellow adventurers over breakfast. Discover Snæfellsjökull National Park, drive a Buggy close to the majestic Mýrdalsjökull Glacier, and venture into dazzling ice caves. Enjoy a soak in the largest natural hot springs in Europe, then delight in a dogsledding adventure. Relax at the Sky Lagoon, savor local cuisine, and celebrate your experiences at a festive farewell dinner. Each day is filled with beauty, camaraderie, and new challenges!

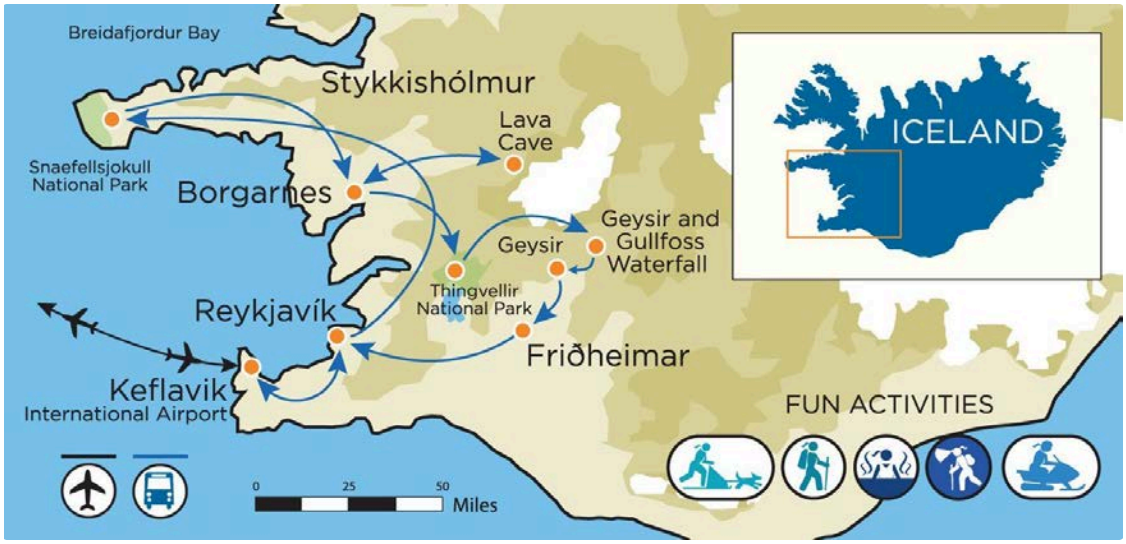
Trip Highlights

• Embark on nightly hunts for the mesmerizing Northern Lights, painting the Icelandic sky with vibrant colors.

• Experience Iceland's stunning landscapes while dogsledding and glacier buggy riding through its breathtaking winter terrain.

• Explore majestic geysers, waterfalls, and lava caves, then unwind in steaming thermal pools and savor delicious local cuisine.

Map View



Arrival: Arrive in Reykjavík, Iceland (KEF) on Day 1 by 7:00 AM.

Departure: Depart from Reykjavík, Iceland (KEF) on Day 7 after 5:00 PM.

Trip Itinerary



Day 1

Welcome to Reykjavík, Iceland!

This morning, your adventure begins as you meet your guide at your Hotel by 10am. After a leisurely breakfast, explore the charming Nordic capital on foot and by bus, visiting historic buildings, vibrant shopping streets, the sculpture garden, and the iconic Hallgrímskirkja Church. After lunch at a local bistro, head to Perlan, a stunning glass dome atop a hill. Experience the 100-meter-long ice cave exhibition, crafted from 350+ tons of mountain ice, followed by an engaging exhibition on glaciers, volcanoes, and geothermal energy. End the day with a festive welcome dinner, bonding with fellow AdventureWomen travelers.

Meals: lunch, dinner | Overnight: Hotel Reykjavik Saga



Hotel Reykjavik Saga

Hotel Reykjavik Saga is an elegant 4-star hotel that opened in July 2022. Ideally situated at the very heart of the Reykjavik city center, the hotel is a stone's throw away from picturesque Lake Tjörnin, the cathedral, art museum, shops and restaurants. The hotel is on Lækjargata, a historic street in the center of Reykjavik and has been designed in a modern style that reflects Icelandic tradition. Location and environment have been fully considered throughout the design process.

Amenities: En suite bathrooms with soap, shampoo, conditioner, hair dryer, flatscreen TV, coffee / tea maker, electricity (outlet type C or F); blackout curtains, Wi-Fi

Trip Itinerary



Day 2

Reykjavík to West Iceland

Head out of Reykjavík via the under-sea tunnel and spend most of your day exploring in Snæfellsjökull National Park, enjoying stunning views all along the way. Declared a National Park in 2001, the area has an astonishing variety of landscapes, including moss-covered lava fields, pebbled beaches, and rugged cliffs. Explore with the other women on your trip on foot for different views. Enjoy lunch on your own today before a soak in the geothermal pool before dinner. Spend some time outside this evening looking for the Northern Lights – you're in the perfect location to see them here.

Meals: breakfast, dinner | Overnight: Hotel Varmaland



Hotel Varmaland

Hotel Varmaland is located in the heart of Borgarfjörður, a stone's throw from the hustle and bustle of the capital. This property offers accommodation at its best and runs a restaurant with an unparalleled view.

Amenities: complimentary toiletries, flatscreen TV, Wi-Fi, air conditioning

Trip Itinerary



Day 3

Lava Caves and Natural Wonders of West Iceland

Equipped with safety gear and led by a guide, gear up for an adventure into one of Iceland's largest lava caves in the Hallmundarhraun lava field, where you'll marvel at stunning underground formations and experience complete darkness. Visit the Icelandic Goat Conservation Center, where Johanna Bermann revived the endangered hornless goat population, and potentially meet Bambi, the famous goat from Game of Thrones. After a leisurely lunch, explore the breathtaking Hraunfossar waterfalls and the impressive Deildartunguhver, Europe's largest hot spring, bubbling with 180 liters of boiling water per second. Unwind at Krauma Spa with its natural hot baths before enjoying dinner at your hotel and searching for the northern lights.

Meals: breakfast, dinner | Overnight: Hotel Varmaland

Trip Itinerary



Day 4

Thrilling Adventures and Natural Wonders

Kick off the day with an exhilarating 45-minute dogsledding adventure, where you'll feel the excitement as your team of powerful sled dogs races across the snow. Your knowledgeable Musher guide shares insights into this thrilling sport, and you'll pause midway for adorable photo ops with the dogs—belly rubs required! Next, explore the historic Thingvellir National Park, a stunning natural amphitheater steeped in Icelandic heritage, sitting atop the Mid-Atlantic Ridge. After lunch, marvel at the Great Geysir hot springs and the majestic Gullfoss Waterfall. End your day with a soothing soak in the Secret Lagoon before enjoying a delicious group dinner.

Meals: breakfast, dinner | Overnight: Hotel Geysir



Hotel Geysir

The trademark of Iceland, the great Geysir, gave the hotel its name and Geysir is situated right outside the front door of the hotel. Haukadalur is one of Iceland's most famous historical sites, both ancient and today. The geothermal field surrounding the Great Geyser is the definitive geyser, having given its name to the geological phenomena. Strokkur, another famous geyser located at the hot spring area, gives a performance every few minutes, shooting a tower of water and steam 30 meters into the air.

Amenities: complimentary toiletries, hair dryer, safe, flatscreen TV, tea / coffee maker, Wi-Fi

Trip Itinerary



Day 5

Waterfall and Glacial Adventures

Embark on an unforgettable journey along Iceland's South Shore, where you'll marvel at the stunning Seljalandsfoss waterfall—weather permitting, you can walk behind its cascading veil. Ascend to Skógarfoss waterfall for breathtaking ocean views, then unleash your adventurous spirit with a thrilling glacier buggy tour that takes you up close to the majestic Mýrdalsjökull Glacier—right to its snowline—offering a unique perspective on this spectacular natural wonder. Soak in panoramic views of the vast Sólheimasandur black sand plains and the Atlantic coastline stretching into the distance. Enjoy a picnic lunch amidst the glacial beauty, followed by an exploratory walk on the enchanting Black Beach. After a delightful group dinner, venture outside to gaze at the mesmerizing Northern Lights.

Meals: breakfast, dinner | Overnight: Hotel Geysir

Trip Itinerary



Day 6

Geysir to Reykjavík

This morning, head to Friðheimar, a charming farm where tomatoes are grown in geothermally heated greenhouses. The farm also breeds and raises prize-winning Icelandic horses which you will see during a visit to the stables. Enjoy lunch at the cozy Greenhouse restaurant. After arriving in Reykjavík, spend some time at the brand-new Sky Lagoon for a soak in the warm, mineral-rich waters of this surreal outdoor spa. This oceanfront geothermal lagoon is a great way to relax after a busy day. Enjoy a celebratory farewell dinner with your new friends to celebrate the end of a fantastic adventure!

Meals: breakfast, lunch, dinner | Overnight: Hotel Reykjavik Saga



Hotel Reykjavik Saga

Hotel Reykjavik Saga is an elegant 4-star hotel that opened in July 2022. Ideally situated at the very heart of the Reykjavik city center, the hotel is a stone's throw away from picturesque Lake Tjörnin, the cathedral, art museum, shops and restaurants. The hotel is on Lækjargata, a historic street in the center of Reykjavik and has been designed in a modern style that reflects Icelandic tradition. Location and environment have been fully considered throughout the design process.

Amenities: En suite bathrooms with soap, shampoo, conditioner, hair dryer, flatscreen TV, coffee / tea maker, electricity (outlet type C or F); blackout curtains, Wi-Fi

Trip Itinerary



Day 7

Depart Reykjavík

Enjoy your last few hours in Reykjavik this morning before you check out of the hotel. Depart Reykjavík and explore the Reykjanes peninsula on your way to the airport. Reminisce on your wonderful memories exploring the beauty of Iceland with your fellow AdventureWomen.

What's Included

What's Included

- Accommodations as per itinerary based on double occupancy
- Fly Bus ticket on arrival and departure days
- All meals as listed in the itinerary
- Activities as indicated in the itinerary
- English-speaking guide(s) throughout the trip
- All ground transportation
- Drinking water available from taps to refill personal bottles
- Gratuities for hotel staff and waitstaff

Not Included

- International airfare to and from Iceland
- Optional activities
- Meals not specified in the itinerary
- Alcoholic beverages (unless otherwise specified)
- Fees for passport, visas, immunizations, or travel insurance
- Cost of hospitalization or evacuation
- Items of a personal nature
- Gratuities for main guide and driver

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.