



Ireland: Hiking the Emerald Isle

DURATION | 9 Days

TRIP LEVEL | High Energy

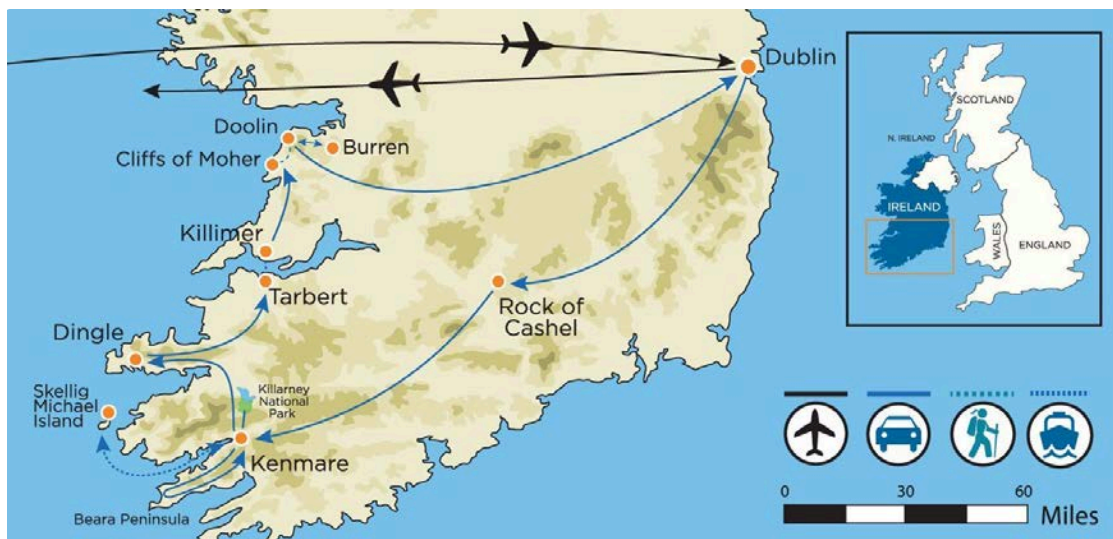
Trip Overview

Embark on a mesmerizing journey across Ireland, starting in Dublin, a vibrant city known for its rich history, arts, and global significance. Your adventure begins with a breathtaking hike near the Rock of Cashel, through the Glen of Aherlow, and onto the Beara Peninsula, part of the Wild Atlantic Way. Experience authentic Irish culture by meeting local entrepreneurs, including a brewer and an oyster farming family. Discover the tranquil charm of Kenmare, known as “Neidin” or “little nest,” and explore the ancient relics and captivating landscapes of the Beara Peninsula, including a ferry ride to the enchanting Skellig Islands. Traverse the majestic Killarney National Park, crowned by the MacGillycuddy’s Reeks, and revel in the natural beauty and vibrant culture of Dingle. Conclude your trip with awe-inspiring views from the Cliffs of Moher, a visit to Doolin’s local pubs and music scene, and a special farewell dinner celebrating your unforgettable Irish adventure.

Trip Highlights

- Explore Ireland’s iconic landscapes with unforgettable hikes along the Cliffs of Moher, the stunning Dingle Peninsula, and the picturesque Killarney National Park.
- Embark on a once-in-a-lifetime visit to the Skellig Michael bird sanctuary.
- Immerse yourself in Ireland’s vibrant culture by meeting inspiring women in the arts and craft industries.

Map View



2025 + 2026 Arrival: Arrive in Dublin, Ireland (DUB) on Day 1 before 12:00 PM

2025 Departure: Depart Dublin, Ireland (DUB) on Day 9 after 3:00 PM

2026 Departure: Depart Shannon, Ireland (DUB) on Day 9 after 1:00 PM



Trip Itinerary



Day 1

Welcome to Dublin!

Fáilte go hÉireann—welcome to Ireland! Upon arrival in Dublin, the Republic of Ireland's largest city, you'll experience its vibrant blend of education, arts, and history. Meet your expert Irish guide and fellow travelers, setting the stage for an enriching adventure. After checking into your hotel, take some time to relax or explore nearby attractions like Trinity College and Christchurch Cathedral. The evening culminates in a lively welcome dinner where you'll connect with your group and share your excitement for the journey ahead.

Meals: dinner | Overnight: The Green Hotel



The Green Hotel

Recently renovated in 2024, The Green Hotel stands as Dublin's leading 4-star boutique destination, located just steps from the famous St. Stephen's Green and a short walk from Grafton Street. Offering a blend of modern comfort and style, The Green provides everything you need for an unforgettable stay. Guests can enjoy a variety of premium amenities, including 24/7 access to a state-of-the-art gym, a tranquil atrium for relaxation.

Amenities: complimentary toiletries, hair dryer, coffee / tea maker, bottled water, electric kettle, cable / satellite TV, flatscreen TV, Wi-Fi, air conditioning



Trip Itinerary



Day 2

Journey to Kerry

After breakfast, embark on a scenic drive to County Kerry. Stop at the Rock of Cashel, an ancient fortress offering a glimpse into Ireland's medieval past. Continue to the Glen of Aherlow for a 3-4 mile hike through lush woodlands with views of the Christ the King statue. After checking into your hotel, gather for dinner and unwind after a day of exploration. This hike covers uneven terrain and provides an introduction to Ireland's stunning landscapes. Today's hike spans 3 miles and typically takes 1.5 to 2 hours to complete, traversing uneven dirt and gravel terrain.

Meals: breakfast, lunch, dinner | Overnight: Brook Lane Hotel



Brook Lane Hotel

The Brook Lane is a family run 4-star boutique hotel. Its staff are friendly and local, the design is contemporary, hospitality is instinctive, and the atmosphere is easygoing. And it's all just a short walk from the pretty town of Kenmare on the Wild Atlantic Way. The perfect location to explore Kenmare!

Amenities: complimentary toiletries, hair dryer, flatscreen TV, safe, Wi-Fi, air conditioning



Trip Itinerary



Day 3

Exploring the Beara Peninsula

Today, explore the Beara Peninsula, renowned for its rich history and mythological significance. Hike through diverse landscapes including beaches and fields, guided by a female writer and historian who will share insights into the region's lore and history. Enjoy lunch amidst the scenic beauty of abandoned mines and ocean views. After the hike, you have the evening free to dine on your own in Kenmare. Today's hike is approximately 5-6 miles, and typically takes 4 to 5.5 hours to complete, traversing uneven terrain of sand, dirt, gravel. Grass with a small rock scramble and steel stepladders can also be found along the way.

Meals: breakfast, lunch | Overnight: Brook Lane Hotel



Trip Itinerary



Day 4

Skellig Michael Adventure

Embark on a 40-minute ferry ride to Skellig Michael, a UNESCO World Heritage site known for its dramatic cliffs and ancient monastic ruins. Climb to the summit, passing puffins and seabirds, and explore the well-preserved 6th-century monastery. After a day of exploration and birdwatching, return to Kenmare for a relaxing evening. Enjoy dinner on your own, reflecting on the awe-inspiring beauty of Skellig Michael. Today's hike involves climbing up 618 steps. Steps to the top are uneven with 600 feet of elevation gain.

Meals: breakfast, lunch | Overnight: Brook Lane Hotel



Trip Itinerary



Day 5

Hiking in Killarney National Park

Drive to Killarney National Park and hike the Old Kenmare Road, a highlight of the Kerry Way. Ascend to Windy Gap for panoramic views of the park, the MacGillycuddy Reeks, and the Lakes of Killarney. After a packed lunch on the trail, finish at Muckross House, a Tudor-style mansion. Following the hike, drive to Dingle and enjoy dinner with your group. Today's hike is approximately 8 miles, and typically takes 4 to 5.5 hours to complete, and involves 1,200 feet of elevation gain.

Meals: breakfast, lunch, dinner | Overnight: Dingle Benners Hotel



Dingle Benners Hotel

The Dingle Benners Hotel offers a relaxed and cozy atmosphere in the heart of Dingle town. The hotel serves as a great base to explore the beauty and landscape of the Dingle Peninsula.

Amenities: complimentary toiletries, hair dryer, safe, flatscreen TV, Wi-Fi



Trip Itinerary



Day 6

Discovering Dingle Peninsula

Take a scenic drive to the Great Blasket Island Center to learn about the island's unique history. Enjoy a hike through the rugged landscape before visiting Ireland's first female brewer, where you'll tour the brewery and enjoy lunch. In the afternoon, learn to bake traditional soda bread from a local family with a cherished recipe. Wrap up the day with a group dinner, celebrating the blend of culture and culinary skills. Today's hike is approximately 2.5-3.0 miles, and typically takes 1.5-2 hours, traversing uneven terrain with 500 feet of elevation gain.

Meals: breakfast, lunch, dinner | Overnight: Dingle Benners Hotel



Trip Itinerary



Day 7

Cliffs of Moher to Doolin

Begin your day with a drive, including a ferry across the Shannon River, to the Cliffs of Moher. Hike along the cliffs for stunning ocean views and pass the Visitor's Center before reaching your hotel in Doolin. Spend the evening dining at local pubs and enjoying traditional music. The hike scheduled for today covers around 6-7 miles and is expected to take approximately 3.5-4 hours, navigating through packed dirt, loose gravel, and stone steps.

Meals: breakfast, lunch | Overnight: The Doolin Inn



The Doolin Inn

A charming bed and breakfast with only 22 guest rooms, The Doolin Inn is nestled in the heart of Doolin at the start of the Cliffs of Moher walk.

Amenities: complimentary toiletries, safe, flatscreen TV, Wi-Fi



Trip Itinerary



Day 8

Exploring Doolin and the Burren

Start the day with a visit to a local perfumery owned by a woman entrepreneur. Learn about perfume making and enjoy treats at the café. Then, hike through the unique Burren region, characterized by its lunar landscape and rich flora. The hike will take you past medieval churches and ancient wells. Conclude your adventure with a farewell dinner, celebrating the incredible experiences and hikes of your journey. Today's 4–5-mile hike takes approximately 2.5-3 hours to complete, traversing very uneven terrain featuring grassy stretches and limestone surfaces.

Meals: breakfast, lunch, dinner | Overnight: The Doolin Inn



Trip Itinerary



Day 9

Departure

After breakfast, drive back to Dublin Airport for your departure. Your journey concludes with fond memories of Ireland's stunning landscapes, rich culture, and unforgettable experiences.



What's Included

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- Accommodations as per itinerary based on double occupancy
- All meals as listed in the itinerary
- Activities as indicated in the itinerary
- One group transfer on arrival and departure
- All ground transportation
- Drinking water available from taps to refill personal bottles
- All gratuities except guides and drivers

Not Included

- International airfare to and from Ireland
- Optional activities
- Meals not specified in the itinerary
- Alcoholic beverages (unless otherwise specified)
- Fees for passport, visas, immunizations, or travel insurance
- Cost of hospitalization or evacuation
- Items of a personal nature
- Gratuities for guides and drivers

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

