



Italy: Hut-to-Hut Hiking in the Dolomites

DURATION | 11 Days

TRIP LEVEL | Challenging

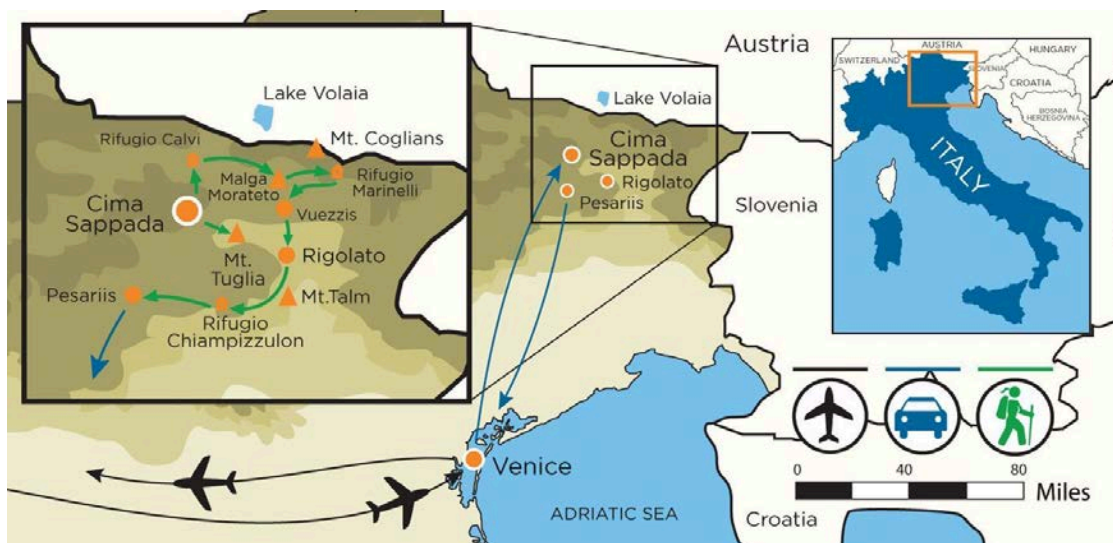
Trip Overview

Hike through the eastern Dolomites, exploring stunning peaks and charming mountain huts. After arrival in Venice, travel to Cima Sappada for a welcome drink and Italian dinner. The next morning, acclimate in a hike to Mount Tuglia, savoring local dairy delights. Then, enter the Dolomites, experiencing breathtaking views surrounded by wildlife at Lake Bordaglia. Climb Mount Coglians for panoramic vistas and visit artisanal honey and cheese producers. That night, discover the charming village of Vuezzi and witness medieval frescos, followed by a morning of local cooking lessons and pottery workshops. Then, journey through the Pesarina Valley to Pesariis, known as the “Town of the Clocks,” and celebrate your journey with a festive farewell dinner at a comfortable farmhouse. Depart from Venice with lasting memories and new friendships.

Trip Highlights

- Challenge yourself in the beauty of the Dolomites guided by foot. Climb various peaks with exceptional views and find reprieve through overnight lodging in charming mountain huts.
- Connect with female chefs, artisans, and entrepreneurs. Learn about the history of wool in Veuzzi, take cooking classes in local homes, witness the wonders of artisanal laboratories, and experience Pesariis, where every corner of the village has its own public clock.
- Witness deer, marmots, eagles, and chamois, centuries old beech trees, and learn about the Dolomite rock in this breathtaking natural setting.

Map View



Trip Itinerary



Day 1

Arrive in Venice with Welcome Dinner at Cima Sappada

Arrive in Venice and transfer to Cima Sappada, a picturesque village nestled in the Dolomites. Known for its stunning alpine scenery, this region features charming villages and vibrant summer wildflowers. After arriving in Venice, you will be greeted by your Italian guide for a scenic two-and-a-half-hour drive through the countryside. Your guide will provide insights into the area and introduce you to your fellow travelers. Upon reaching Cima Sappada, check into your cozy chalet and enjoy an orientation walk around the village, which links the Degano and Piave valleys. Conclude your day with a welcome dinner at a local restaurant, where you'll have the chance to connect with your travel companions and share your excitement about exploring the Dolomites. Today's hike covers 3-4 miles and lasts approximately 2.5 hours.

Meals: dinner | Overnight: Bach Boutique Hotel



Bach Boutique Hotel

Renovated at the end of 2021, this hotel offers ten modern rooms and is located on the main street of Sappada.

Amenities: complimentary toiletries, hair dryer, Wi-Fi



Trip Itinerary



Day 2

Hike to Mount Tuglia

Today, embark on a hike with your female guide to Mount Tuglia in the Dolomites, a stunning mountain range renowned for its unique dolomite rock, named after the French mineralogist De Dolomieu. Recognized as a UNESCO World Heritage Site in 2009, the Dolomites, also known as the Pale Mountains, offer breathtaking vistas and geological wonders. Your hike begins with a 2-hour ascent of 1,000 feet to Mount Tuglia, where you'll discover the fascinating rock formations that define this landscape. Pause for a delightful lunch at a mountain dairy farm, savoring fresh, local products. Afterward, return to your hotel in the village. Enjoy the remainder of the day at your leisure, exploring the village or simply relaxing. Dinner is at your own discretion. Today's hike covers 6-7 miles, with a 1,000-foot elevation gain and loss.

Meals: breakfast, lunch | Overnight: Bach Boutique Hotel



Trip Itinerary



Day 3

Hike to Mount Peralba

Today's hike takes you to the impressive Mount Peralba, one of the highest peaks in the Carnic Alps near the Austrian border. Start your morning trek towards Mount Peralba, climbing approximately 3,000 feet over 8 miles of scenic trails through the Dolomites. Pause for a picnic lunch along the marmot trail before continuing your ascent. Arrive at the Calvi Hut by afternoon, perched at 7,110 feet. Here, you can unwind with a drink or explore nearby historical sites from World War I. Please note that showers at the mountain huts are limited to 3 minutes to conserve water, so bring a microfiber towel for quick drying. Enjoy dinner at the hut and rest up for another day of adventure. Today's hike covers 8 miles, with an elevation gain of 3,000 feet over 3-4 hours.

Meals: breakfast, lunch, dinner | Overnight: Rifugio Calvi



Rifugio Calvi

Located in the basin of the Piave River, the Rifugio Calvi is a family-run boutique property with 50 bunk beds.

Amenities: shared unisex bathrooms with one toilet and one shower with limited, timed hot water, electricity until 11 PM, and limited electrical outlets and no Wi-Fi.

Trip Itinerary



Day 4

Continue hiking through the Dolomites

Embark on a full day of hiking through the Dolomites, navigating diverse terrain with significant elevation changes. Start your morning with a challenging trek that takes you through rocky paths and down into lush forests, all while enjoying breathtaking views. After approximately 6 hours of hiking 11-12 miles, you'll arrive at Malga Morareto, a working dairy that will serve as your home for the night. Settle into your accommodations and relish a well-deserved dinner with your fellow travelers. Today's hike involves an elevation gain of 2,500 feet and a descent of 6,000 feet.

Meals: breakfast, lunch, dinner | Overnight: Malga Morareto



Malga Morareto

The Malga Morareto is a charming property with spectacular views and which doubles as a dairy farm.

Amenities: unisex shared bathrooms & showers, hot water, electricity.



Trip Itinerary



Day 5

Hike to Marinelli Hut

Enjoy an easier day with a shorter hike in between some well-deserved periods of down time. After some time to relax this morning, you will set out on a 3–4-mile hike, with elevation gains of roughly 2,400 feet, to Rifugio Marinelli. Enjoy a delicious lunch after you arrive at Marinelli Hut. Once settled, enjoy some down time, and have a locally prepared dinner.

Meals: breakfast, lunch, dinner | Overnight: Rifugio Giovanni e Olinto Marinelli



Rifugio Giovanni e Olinto Marinelli

Nestled in the hills of the Dolomites, the Rifugio Marinelli is a family-run property with 50 beds.

Amenities: shared bathrooms and showers, hot water, electricity.



Trip Itinerary



Day 6

Continue to Vuezis

Continue your hiking adventure through the Dolomites, heading towards the charming mountain hamlet of Vuezis, known for its distinctive fish-scale roof tiles and the historic San Nicola Church. This morning, embark on a 5-hour hike through picturesque villages and natural landscapes. Enjoy a boxed lunch along the way. Upon arrival in Vuezis, settle into a local mountain home and savor a delightful dinner. Rest and prepare for another day of exploration. Today's hike covers 8 miles with a 700-foot elevation gain and a descent of 5,000 feet.

Meals: breakfast, lunch, dinner | Overnight: Casa di Sopra



Casa di Sopra

Casa Di Sopra is a fully restored 19th century building. The old Carnic architecture was preserved and the rooms are furnished with care.

Amenities: complimentary toiletries, hair dryer. One bathroom is shared between every 2 rooms.



Trip Itinerary



Day 7

Explore Vuezzi

Explore the picturesque hamlet of Vuezzi, nestled nearly 3,000 feet above sea level in Rigolato, offering traditional homes and breathtaking views in an off-the-beaten-path location. Today's activities include a leisurely 3–4-mile hike through the woods to visit a local artisan specializing in wool crafts, where you'll gain insights into the wool working process. Enjoy a classic Italian pizza lunch at a local pizzeria before returning to Vuezzi. In the afternoon, join local female villagers in their homes for a cooking class to learn regional recipes, culminating in a delicious dinner featuring the dishes you've prepared. Today's hike covers 6 miles with a 900-foot elevation gain and a descent of 1,100 feet.

Meals: breakfast, lunch, dinner | Overnight: Casa di Sopra



Trip Itinerary



Day 8

Climb Mount Talm

Explore the village of Rigolato, situated along both banks of the River Degano and nestled at the base of Mount Pleros and Mount Talm. Today's hike takes you through the lush Degano Valley, where you'll spend approximately five hours traversing forests. Enjoy a scenic picnic lunch amidst the ancient beech trees towering over 100 feet high. Following your journey, arrive at Rifugio Chiampizzulon in the evening, where you'll have dinner with fellow travelers and spend the night. Today's hike covers 7 miles, with a substantial elevation gain of 3,200 feet and a descent of 700 feet.

Meals: breakfast, lunch, dinner | Overnight: Rifugio Chiampizzulon



Rifugio Chiampizzulon

The Rifugio Chiampizzulon sits on a meadow amidst the mountains and features 48 beds.

Amenities: soap, unisex shared bathrooms and showers, hot water, electricity. Wi-Fi does not work well.

Trip Itinerary



Day 9

Hike to Pesarina Valley and take a walking tour of Persariis

Begin your day by summiting Mount Talm at 5,680 feet, where stunning views of the Pesarine Dolomites and Carnic Alps await. Follow with a 6-hour hike through the scenic Pesarina Valley, enjoying the breathtaking landscapes. Arrive at a charming farmhouse in Persariis, where you'll spend the next two nights. Persariis, a quaint mountain hamlet, is renowned for its clockmaking history, with a public clock adorning nearly every corner of the village. After checking in, take a walking tour of Persariis to explore its clock-themed heritage and familiarize yourself with the town. Enjoy the rest of the day at your leisure, with dinner on your own. Today's hike covers 10 miles, with an elevation gain of 1,850 feet and a descent of 4,700 feet.

Meals: breakfast, lunch | Overnight: Farmhouse Sot la Napa



Farmhouse Sot la Napa

The welcoming Farmhouse Sot la Napa is in a restored home built in the 1600s. Stay in the comfortable rooms and admire the original frescos and local stone floors as well as a typical "fogolar" (open fireplace).

Amenities: complimentary toiletries, hair dryer. Wi-Fi does not work well.

Trip Itinerary



Day 10

Explore Stavoli di Orias and enjoy a farewell dinner

Spend your last full day exploring Pesariis at your own pace in the morning. Relax in the charming village or explore its scenic beauty, with lush meadows and traditional homes surrounded by beech forests. Lunch is on your own today. In the afternoon, take a public bus to visit a local artisanal laboratory specializing in musical instruments, where you'll discover the secrets of this unique craft. Return to Pesariis for a festive farewell dinner, celebrating the unforgettable sights and experiences of your Dolomites adventure with your fellow travelers. Enjoy this final evening reflecting on the incredible journey you've shared.

Meals: breakfast, dinner | Overnight: Farmhouse Sot la Napa



Trip Itinerary



Day 11

Depart

Say goodbye to your new AdventureWomen friends as you transfer to the VeniceVenice airport for your flight home. Drive 2.5 hours with the group back to the VeniceVenice airport for your flight home.

What's Included

What's Included

- Accommodations based on 3-6 people per room in the huts and single or double rooms at other locations
- All meals as listed in the itinerary
- Wine or beer, coffee or tea at dinner
- One group transfer on arrival and departure
- Professional, English-speaking guide throughout the trip
- Luggage transportation from hut to hut
- All gratuities except for the head and support guide

Not Included

- International airfare to and from Italy
- Fees for passport, visas, immunizations, or travel insurance
- Cost of hospitalization or evacuation
- Items of a personal nature
- Meals not specified in the itinerary
- Alcoholic beverages (unless otherwise specified)
- Gratuities for the head and support guides

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

