



# Mongolia: Nomads, Eagle Hunters, and the Land of Chinggis Khaan

DURATION | 11 Days

TRIP LEVEL | Moderate

# Trip Overview

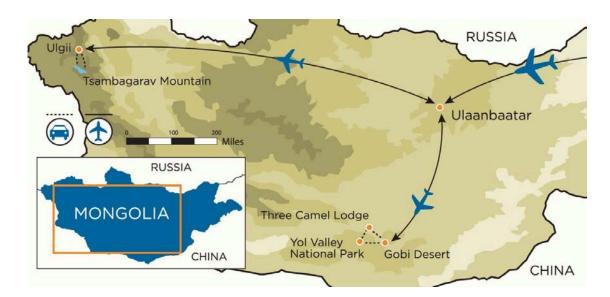
Travel to Mongolia, a land where time has stood still with landscapes as they appeared 800 years ago under Chinggis Khaan. Mongolia boasts some of the last true wilderness areas on Earth, including the Gobi Desert's austere beauty, the oceanic grasslands of the central steppe, and the 14,000-foot Altai Mountains. Experience the traditional lifestyles of nomadic pastoralists, share meals, and sleep in gers. Visit the Gobi Desert's Flaming Cliffs, renowned for dinosaur fossil discoveries. Witness traditional Mongolian archery and eagle hunting, and explore Ulaanbaatar, where ancient traditions meet modernity. Head west to Tolbo Lake and the Altai Mountains to meet eagle hunters and experience Kazakh culture. Stay in the luxurious Three Camel Lodge, attend Naadam Festival celebrations, and visit Hustain Nuruu National Park to see the rare takhi horses.

# Trip Highlights

• Meet Kazakh eagle hunters in the Altai Mountains to learn about their ancient practice of training and hunting with golden eagles.

- Witness live horseback riding, wrestling, and archery competitions at an authentic local Naadam festival in the Gobi Desert.
- Spend time with a local nomadic family to see traditional handicraft and felt-making demonstrations, and look for dinosaur fossils at the Flaming Cliffs, a site of major paleontological discoveries.

# Map View







#### Day 1

### Arrival in Ulaanbaatar

Arrive in Ulaanbaatar, where ancient traditions blend with modern life. After being picked up at the airport and transferred to your hotel, take the evening to relax and recover from your journey. Meals are on your own as you settle in and prepare for your adventure.



### **Best Western Premier Tuushin Hotel**

Centrally located in Ulaanbaatar, the Best Western Premier Tuushin Hotel is within walking distance of many of the attractions in the city. The comfortable rooms are an excellent place to relax between forays into the countryside.

Amenities: complimentary toiletries, hairdryer, electricity with outlet adapters, Wi-Fi





#### Day 2

### Discover Ulaanbaatar's Cultural Riches

Start your exploration with a visit to Gandan Monastery, Mongolia's spiritual heart. Witness the daily rituals and hear the low tones of the temple horns. Continue to the Chenrezi and Kalachakra Temples, and marvel at the 82-foot Migjid Janraisig statue. Next, explore the Chinggis Khaan Museum, showcasing Mongolia's history. After lunch at a local restaurant, tour the Mongolian Art Gallery, featuring modern and traditional works. End the day with a welcome dinner with your group.

Meals: breakfast, lunch, dinner | Overnight: Best Western Premier Tuushin Hotel





#### Day 3

### Journey to Tsambagarav Mountain

Fly from Ulaanbaatar to Ulgii, followed by a scenic drive to your camp at the base of Tsambagarav Mountain. After lunch, explore the stunning mountain valleys on foot. Learn about the Uuld people, who live in this rich historical region. Settle into your camp and enjoy a short hike to soak in the surrounding beauty before a hearty dinner.

Meals: breakfast, lunch, dinner | Overnight: Tent With Sleeping Bag



### **Tent With Sleeping Bag**

Your tents are Cabela's Alaskan walk-in tents. Each tent has a foldable camp cot (two in a double tent and one in a single tent). You will be provided with an inflatable air mattress, and a Creek wenzel sleeping bag with a cotton sleeping bag liner. There are separate toilet (bio-chemical, pump-flush toilet) and shower tents (solar-heated water).





#### Day 4

### Explore the Altai Mountains

In the Altai Mountains, learn about the Kazakh tradition of eagle hunting. Witness the majestic eagles in action as Kazakh hunters demonstrate their skills. Visit a Kazakh family's ger, experiencing their unique lifestyle and traditional decorations. After lunch with the family, watch local horsemanship and participate in traditional equestrian games. Return to camp for dinner and a relaxing evening.

Meals: breakfast, lunch, dinner | Overnight: Tent With Sleeping Bag



### **Tent With Sleeping Bag**

Your tents are Northface VE25 dome tents. Each tent has a vestibule that can be used for dirty boots/other wet gear. You will be provided with a 4" NeoAir Dream mattress by Thermarest (foam+air mattress) and a zero-degree sleeping bag with a cotton sleeping bag liner. There are separate toilet (bio-chemical, pump-flush toilet) and shower tents (solar-heated water).





#### Day 5

### Return to Ulaanbaatar

Fly back to Ulaanbaatar and transfer to your hotel. After checking in, enjoy lunch and some free time to relax and explore on your own. This evening, savor dinner at a local restaurant and enjoy the city's vibrant atmosphere.

Meals: breakfast, lunch | Overnight: Best Western Premier Tuushin Hotel



#### Best Western Premier Tuushin Hotel

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#### Day 6

### Arrival in the Gobi Desert

Fly to the Gobi Desert and drive to Yol Valley National Park, a lush green valley surrounded by the rugged Altai Mountains. Check into the Three Camel Lodge, Mongolia's premier eco-lodge. Spend the afternoon exploring the valley's unique ice formations and the lodge's surroundings. Enjoy a relaxing evening with options for a massage or a drink before dinner.

Meals: breakfast, lunch, dinner | Overnight: Three Camel Lodge



### **Three Camel Lodge**

The remote location of Three Camel Lodge is not for the impatient traveler, but those seeking a true escape which will be richly rewarded. Three Camel Lodge offers a luxurious take on the traditional nomadic lifestyle. Built in the heart of the Gobi Desert according to environmentally and culturally sustainable development guidelines, the Three Camel Lodge offers a blend of adventure and sophistication, combining traditional style with superb service to create the ultimate expedition experience.

Amenities: private bathroom with walk-in shower, bathrobe





#### Day 7

### Celebrate at the Naadam Festival

Attend the Naadam Festival, Mongolia's most celebrated event, featuring traditional wrestling, horse racing, and archery. These ancient sports showcase the strength and skill of Mongolia's nomads. After lunch, visit Havsgait to see ancient petroglyphs, best viewed in the late afternoon light. Enjoy dinner back at the lodge and reflect on a day filled with cultural excitement.

Meals: breakfast, lunch, dinner | Overnight: Three Camel Lodge





#### Day 8

### Traditional Felt-Making Experience

Spend a day with a local nomadic family learning the traditional art of felt-making. Discover how felt is crafted by hand and used in gers and traditional clothing. Participate in the process, from beating wool to rolling and drying the felt. Return to the lodge for dinner and a relaxing evening, reflecting on your hands-on cultural experience.

Meals: breakfast, lunch, dinner | Overnight: Three Camel Lodge





#### Day 9

### Discover the Gobi Desert

Explore Moltsog Els, a region of stunning sand dunes, on foot or atop a Bactrian camel. Visit a camel herding family to experience their hospitality and learn about their lifestyle. Back at the lodge, learn to make Mongolian Buuz (dumplings) and Khuushuur (meat pastries). In the evening, visit the Flaming Cliffs to witness the dramatic red glow at sunset and learn about its significant dinosaur fossil discoveries.

Meals: breakfast, lunch, dinner | Overnight: Three Camel Lodge





Day 10

### Return to Ulaanbaatar

Fly back to Ulaanbaatar and enjoy lunch at a local restaurant. Visit MIM — a Mongolian and Irish collaboration that was formed to encourage and empower Mongolian women and their families. With the support from the Irish government and the Dalai Lama, MIM's hand-crafted products have become identified as the highest quality felt in Mongolia. Learn about traditional felt-making and its role in Mongolian culture. In the evening, enjoy a traditional Mongolian dance and Khoomi throat singing performance. Celebrate your journey with a farewell dinner, reflecting on the incredible experiences shared.

Meals: breakfast, lunch, dinner | Overnight: Best Western Premier Tuushin Hotel



#### **Best Western Premier Tuushin Hotel**

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#### Day 11

### Departure from Ulaanbaatar

Spend your final morning in Ulaanbaatar, savoring the last moments of your adventure. Transfer to the airport for your flight home, saying goodbye to new friends and cherished memories.



# What's Included

#### What's Included

- · Accommodations as per itinerary based on double occupancy
- · All meals as listed in the itinerary
- Soft drinks at meals
- Domestic airfare (priced separately from the main trip)
- English-speaking guide(s) throughout the trip
- One group transfer on arrival and departure
- All ground transportation
- · Activities as indicated in the itinerary
- Drinking water available in large jugs to refill personal bottles
- All gratuities except guide and driver

#### Not Included

- International airfare
- Meals not specified in the itinerary
- Optional activities
- · Alcoholic beverages (unless otherwise specified)
- · Fees for passport, visas, immunizations, or travel insurance
- · Cost of hospitalization or evacuation
- · Items of a personal nature
- · Gratuities for main guide and driver

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

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