



Uganda: Gorilla and Chimpanzee Trekking

DURATION | 10 Days

TRIP LEVEL | High Energy

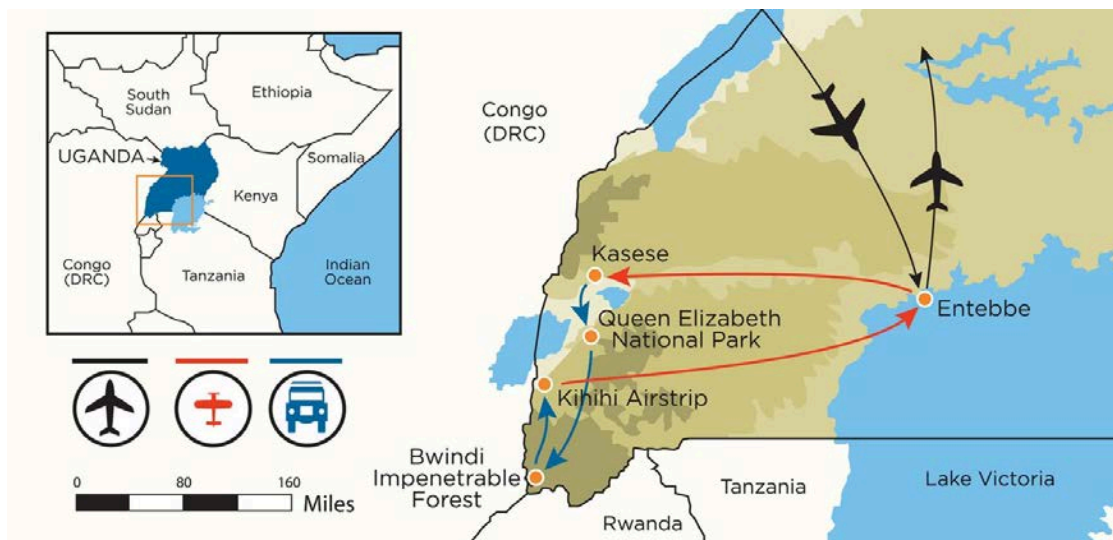
Trip Overview

Embark on an unforgettable adventure in Uganda's lush jungles, where expert wildlife trackers guide you to encounter unique biodiversity, including awe-inspiring mountain gorillas, chimpanzees, and Uganda's famed tree-climbing lions. After a night in Entebbe, you'll travel to Queen Elizabeth National Park, where you'll bond with fellow AdventureWomen over local art and a lively welcome dinner. Over the next three mornings, search for elusive wildlife while learning to spot leopards and other creatures in Kyambura Gorge and Kalinzu Forest. Cruise the Kazinga Channel to witness herds of hippos, elephants, and diverse birdlife. Visit a local tea plantation to meet hardworking women, then journey to Bwindi Impenetrable Forest for intimate encounters with mountain gorillas.

Trip Highlights

- Journey into the lush Bwindi Impenetrable Forest to observe majestic mountain gorillas in their natural habitat. Experience the thrill of a guided trek, where you'll spend an intimate hour watching these incredible creatures thrive in the wild.
- Learn the art of animal tracking from seasoned wildlife guides and primatologists. Gain invaluable skills while exploring diverse habitats, spotting elusive species, and understanding the behaviors of Uganda's unique wildlife.
- Embark on a picturesque wildlife cruise along the Kazinga Channel in Queen Elizabeth National Park. Witness vibrant hippo pods, herds of elephants, and a rich array of birdlife, all while soaking in the stunning natural beauty surrounding you.

Map View



Trip Itinerary



Day 1

Arrival in Entebbe

Welcome to Uganda! Arrive at Entebbe International Airport and enjoy a transfer to your hotel. Take some time to relax and recover from your journey. This evening, dinner is on your own, giving you the chance to explore local dining options or unwind at your hotel. Your Ugandan adventure begins with the promise of breathtaking landscapes and unique wildlife experiences ahead. Get ready for an exciting exploration of Uganda's rich biodiversity, from magnificent gorillas to stunning national parks.



Protea Hotel Entebbe

This hotel is ideally located on the glistening shores of Lake Victoria and is convenient to the Entebbe airport. With elegant furnishings and a warm, inviting feel, the hotel's decor and rooms create a comfortable atmosphere. The outside terrace, with its own special ambiance and superb lake views is the perfect place to take it all in.

Amenities: complimentary toiletries, safe, flatscreen TV, Wi-Fi, air conditioning



Trip Itinerary



Day 2

Fly to Queen Elizabeth National Park

After an early breakfast, board a flight from Entebbe to Kasese, landing in Queen Elizabeth National Park. Arrive at your lodge in time for lunch, followed by a complimentary 50-minute massage to unwind. This afternoon, choose from activities like a scenic gorge walk or a fascinating beekeeping tour, or simply relax by the pool. As evening approaches, enjoy a lively welcome dinner where you'll connect with fellow travelers, sharing stories and excitement for the journey ahead.

Meals: breakfast, lunch, dinner | Overnight: Kyambura Gorge Lodge



Kyambura Gorge Lodge

This eclectic contemporary safari lodge has been converted from an old coffee store to create a breathtakingly beautiful space. The lodge is located on the edge of Queen Elizabeth National Park with sweeping views of the rolling savanna, the distant mountains of the moon, and the sunken Kyambura Gorge.

Amenities: Soap, shampoo, conditioner, hair dryer; electricity; limited Wifi



Trip Itinerary



Day 3

Chimpanzee Trekking & Kazinga Channel Cruise

Start your day with an early breakfast before heading to Kyambura Gorge for chimpanzee tracking. Split into small groups for an intimate experience, as you search for these incredible primates in their natural habitat. After a rewarding morning, return to the lodge for lunch. In the afternoon, embark on a scenic cruise along the Kazinga Channel, where you'll spot abundant wildlife, including hippos, elephants, and a variety of birds. This two-hour boat ride offers a unique perspective of the park's diverse ecosystems.

Meals: breakfast, lunch, dinner | Overnight: Kyambura Gorge Lodge



Trip Itinerary



Day 4

Kalinzu Forest Trek & Coffee Cooperative

After breakfast, venture into Kalinzu Forest for another chance to track chimpanzees. The hike lasts around two to two-and-a-half hours, showcasing the stunning flora and birdlife along the way. Return to the lodge for lunch and a well-deserved rest. In the afternoon, visit the Omwani Women's Coffee Cooperative, where you'll learn about sustainable coffee production and meet the inspiring women behind this initiative. Discover their stories and how they cultivate Arabica and Robusta coffee organically.

Meals: breakfast, lunch, dinner | Overnight: Kyambura Gorge Lodge



Trip Itinerary



Day 5

Lion Tracking Adventure

This morning, prepare for an exciting adventure as you head out with a lion researcher in Mweya Peninsula. Engage in tracking lions in their natural habitat, gaining insight into their behavior and conservation efforts. The tracking experience lasts one to three hours, providing a unique look at these majestic animals. After your morning adventure, return to the lodge for lunch and some relaxation. You can choose optional activities offered by the lodge or simply unwind by the pool.

Meals: breakfast, lunch, dinner | Overnight: Kyambura Gorge Lodge



Trip Itinerary



Day 6

Travel to Bwindi Impenetrable Forest

Pack your bags and depart early this morning, driving through Queen Elizabeth National Park. Keep an eye out for the famous tree-climbing lions as you travel. Arrive at your lodge in Bwindi Impenetrable Forest in time for lunch. After settling in, enjoy the serene surroundings with an afternoon walk to a nearby river, taking in the natural beauty. As evening falls, gather for a group dinner, sharing stories and excitement for the upcoming gorilla trek. Prepare for a night in the heart of the jungle at Bwindi Lodge, surrounded by lush greenery.

Meals: breakfast, lunch, dinner | Overnight: Bwindi Lodge



Bwindi Lodge

Overlooking the primeval Bwindi Impenetrable Forest, Bwindi Lodge has dramatic views of the forest canopy across a serene stream. An outdoor terrace showcases dramatic views of the impenetrable forest and is a great place to spot the monkeys and birds hidden in the foliage.

Amenities: complimentary toiletries, hair dryer, safe, limited Wi-Fi



Trip Itinerary



Day 7

Gorilla Trekking Experience

Today is the highlight of your trip: a thrilling gorilla trek in Bwindi Impenetrable Forest. Split into smaller groups to maximize your experience, with a packed lunch ready for the journey. Expect to hike for two to eight hours, navigating the steep and dense terrain. With a 90% chance of spotting gorillas, this encounter is awe-inspiring. Once you locate a group, you'll have an hour to quietly observe these magnificent creatures in their natural habitat.

Meals: breakfast, lunch, dinner | Overnight: Bwindi Lodge



Trip Itinerary



Day 8

Tea Processing & Community Engagement

Start the day learning about tea processing in the local community, seeing how black, green, and white teas are produced. Walk through a nearby village to learn about its culture and the Bwindi Community Hospital, which provides essential services. After lunch at the lodge, visit the Ride for a Woman project, where local women rent and repair bicycles, weaving and sewing as part of their evolving business. Engage with these inspiring entrepreneurs and even try your hand at weaving.

Meals: breakfast, lunch, dinner | Overnight: Bwindi Lodge



Trip Itinerary



Day 9

Gorilla Trek

Get ready for a second chance to trek and encounter gorillas in the wild. Prepare for another exhilarating hike, navigating the forest's steep trails as you seek out these incredible animals. Depending on the trek's length, you may enjoy a packed lunch in the field or return to the lodge for a meal. After a fulfilling day, relax at the lodge, taking time to unwind, read, or connect with your AdventureWomen friends. Gather for a farewell dinner, sharing stories and celebrating the unforgettable experiences you've had in this remarkable country.

Meals: breakfast, lunch, dinner | Overnight: Bwindi Lodge



Trip Itinerary



Day 10

Departure from Uganda

On your final day, leave the lodge early and drive to Kihiki for your flight back to Entebbe. Arrive midday, allowing time to connect with your international flights. Reflect on the incredible adventures you've had in Uganda, from tracking primates to engaging with local communities. Depart Entebbe, carrying cherished memories and newfound friendships as you head home. Safe travels, and may the beauty of Uganda stay with you long after your journey ends!



What's Included

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- Accommodations as per itinerary based on double occupancy
- All meals as listed in the itinerary
- All ground transportation
- Flights within Uganda as noted in the itinerary
- Entrance fees
- Gorilla and chimpanzee permits
- Guided sightseeing and activities as indicated in the itinerary
- English-speaking guide(s) throughout the trip
- Drinking water available in large jugs to refill personal bottles
- Laundry, soft drinks, premium alcoholic drinks (except champagne) at Kyambura Gorge Lodge and Bwindi Lodge
- Complimentary 50-minute massage at Kyambura Gorge Lodge and Bwindi Lodge
- Gratuities for lodge staff, drivers, and baggage handling

Not Included

- International airfare to and from Uganda
- Optional activities
- Meals not specified in the itinerary
- Premium alcoholic beverages (unless otherwise specified)
- Fees for passport, visas, immunizations, or travel insurance
- Cost of hospitalization or evacuation
- Items of a personal nature
- Gratuities for guides

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

