



Australia: Flinders Ranges Hikes, Kangaroo Island Wonders, and Sydney's Iconic Highlights

DURATION | 13 Days

TRIP LEVEL | High Energy

Trip Overview

Discover Australia's wonders through a journey blending untouched wilderness, vibrant cities, and rich cultural heritage. Hike the rugged Flinders Ranges and witness wildlife before exploring beautiful Kangaroo Island's wildlife and natural treasures and enjoy tasting experiences in Adelaide. Paddle through Adelaide's waterways and taste exceptional wines at d'Arenberg Winery. Then, In Sydney, dive into Aboriginal heritage, marvel at the iconic Opera House, and unwind on a luxurious dinner cruise through Sydney Harbor. This unforgettable adventure offers breathtaking landscapes, world-class cuisine, and a deep connection to Australia's extraordinary history and culture.

Trip Highlights

- Discover the Flinders Ranges and Kangaroo Island, with secluded stays, guided walks, sea lion encounters, Flinders Chase National Park, Birds of Prey shows, and visits to local farms.
- Enjoy an Adelaide city kayak tour, a visit to the Australian Wine Discovery, and an immersive wine-tasting experience at d'Arenberg winery.
- Experience Sydney's iconic landmarks with a Dreaming Aboriginal Heritage Tour, visits to the Opera House, Harbour Bridge, and Bondi Beach, topped off with an all-inclusive dinner cruise

Map View



Trip Itinerary

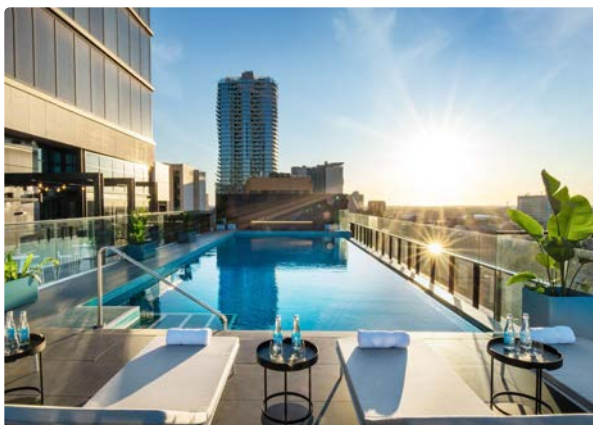


Day 1

Welcome to Australia

Arrive at Adelaide Airport (ADL) by 1 PM today. Upon arrival, meet your guide who will take you on a brief orientation tour of the city. After 3 PM, you can check in at your hotel, with the remainder of the afternoon free for you to rest after your journey. Enjoy a lively welcome dinner where you can connect with your fellow travelers this evening. Share stories and discover the unique reasons each woman in your group is excited to explore Australia!

Meals: dinner | Overnight: Crowne Plaza Adelaide



Crowne Plaza Adelaide

Crowne Plaza Adelaide, located in the heart of the Central Business District, offers elegantly designed rooms and suites with stunning city views. Steps from cultural landmarks and premier shopping, it's the perfect urban retreat. Relax at the rooftop oasis with a pool and fitness center or explore the nearby Botanic Gardens.

Amenities: free Wi-Fi, air conditioning, HDTV with satellite channels, minibar, coffee/tea maker, electric kettle, bathrobes, hair dryer, and in-room safe.



Trip Itinerary



Day 2

Journey to Flinders Range

After breakfast, a driver will pick you up from the hotel and transfer you over the course of 4.5 hours to the Arkaba Homestead in Flinders Ranges, a stunning and secluded outback destination in South Australia. This ancient landscape features deep valleys, creeks lined with river red gums, and rugged terrain perfect for wildlife watching, bushwalking, photography, or simply enjoying the outback's unique sights and sounds. Once you've checked in, enjoy a guided lay-of-the-land afternoon safari experience, followed by a welcome meal in the lodge.

Meals: breakfast, dinner | Overnight: Arkaba Homestead



Arkaba Homestead

Discover one of Australia's most exclusive retreats at Arkaba Conservancy, a Wild Bush Luxury property nestled in the Flinders Ranges. This remote 60,000-acre private wildlife conservancy is dedicated to preserving Australia's unique wildlife and bird species, offering an intimate experience for just ten guests at a time. Each air-conditioned room is thoughtfully designed with premium mattresses, organic cotton sheets, and a selection of pillows. The rooms open onto a shaded veranda, offering individual views of the stunning surrounding ranges. Please note that this property is Wi-Fi-free.

AMENITIES: complimentary toiletries, bath towels, air conditioning



Trip Itinerary



Day 3

Hiking through Flinders Range

After breakfast, hike the flat interior of Wilpena Pound with a gradual 4,921-foot ascent to the rim (8.5 miles, 5–6 hours). At 5:30 p.m., reach Black's Gap bush camp for a shower, aperitif, and a three-course meal with South Australian wines. Dine outdoors, surrounded by the bush's sights and sounds. End the evening by the firepit, stargazing, before retiring to your swag bed under the outback stars. You will only need to carry a day pack; luggage stays at the homestead.

Meals: breakfast, lunch, dinner | Overnight: Black's Gap Camp



Black's Gap Camp

Nestled in Arkaba's scenic landscape, this camp offers five timber swag decks blending seamlessly with nature. Each deck features privacy on three sides, open countryside views, and a starry sky. A sheltered area holds your traditional swag bed, adjustable for weather. This camp is Wi-Fi free.

Amenities: Bush showers with stunning views, waterless composting toilets, complimentary toiletries, and all-season sleeping bags with liners.

Trip Itinerary



Day 4

Climb the Red Range Summit

Embark on a scenic hike through rolling hills along the Heysen Trail, uncovering Arkaba's 500-million-year history and its pastoral past. Pass old shepherds' camps, mustering yards, and spot kangaroos and emus. The day concludes with a steep 3,280-foot climb to the Red Range summit for breathtaking views of the Ikara-Flinders Ranges. Then, Descend past native Cypress trees to Elder Camp for a hot bush shower, a memorable dinner, and a night under the stars. Hike: 8.5–9 miles (14–15 km), 6–7 hours.

Meals: breakfast, lunch, dinner | Overnight: Elder Camp



Elder Camp

Your overnight stay will be on one of five timber swag decks, each slightly elevated and enclosed on three sides by a half-meter corrugated iron screen for privacy. The fourth side is open showcasing sweeping views of the countryside and the night sky. Each deck includes a sheltered area at the back in case of wind or rain. Please note that this is a Wi-Fi-free camp.

AMENITIES: complimentary toiletries, all-season sleeping bag with a liner



Trip Itinerary



Day 5

Wildlife Spotting through Native Forests

Awake to the stunning sunrise painting the Elder Range in vivid reds and oranges. Begin your hike through serene mallee and native pine forests, climb the Red Range, and descend to the tranquil, gum tree-lined banks of Arkaba Creek. Pause to enjoy the sights and sounds of vibrant birdlife, including galahs, parrots, and honeyeaters. Arrive at Arkaba Homestead mid-afternoon to unwind or take a scenic sunset flight (at an added cost) over Wilpena Pound. End the day with a fireside glass of wine and a chef-prepared dinner. Hike: 8.5–9 miles (14–15 km), 6–7 hours.

Meals: breakfast, lunch, dinner | Overnight: Arkaba Homestead



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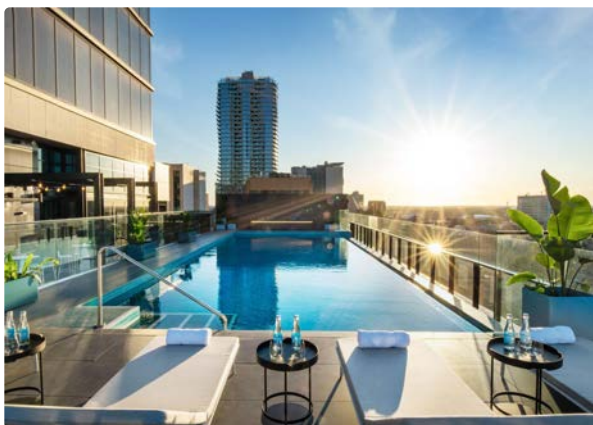


Day 6

Depart Arkaba

Start your day with breakfast at Arkaba Homestead, followed by a leisurely morning. Unwind by the pool or relax with a book by the stone fireplace. If you're up for more activity, take a self-guided walk along Arkaba Creek to the historic woolshed or visit the Arkaba hide for wildlife viewing by the waterhole. After check-out, your driver will take you to your hotel in Adelaide, where you can enjoy a free evening to relax after the long drive (4.5 hours).

Meals: breakfast | Overnight: Crowne Plaza Adelaide



Crowne Plaza Adelaide

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Amenities: free Wi-Fi, air conditioning, HDTV with satellite channels, minibar, coffee/tea maker, electric kettle, bathrobes, hair dryer, and in-room safe.



Trip Itinerary



Day 7

Kayak through Adelaide and Wine Tasting

After breakfast, join your guide for a kayak tour along the River Torrens, suitable for all skill levels. Paddle past landmarks like Adelaide Oval while enjoying scenic city and riverbank views. In the afternoon, visit the National Wine Centre for an introduction to Australian wine. Explore the Southern Hemisphere's largest open wine cellar and participate in a Masterclass led by an expert sommelier. Savor exquisite South Australian wines paired with canapés showcasing the region's finest produce.

Meals: breakfast | Overnight: Crowne Plaza Adelaide



Trip Itinerary



Day 8

Wine Tasting Sensory Experience

Arrive at D'Arenberg in the morning for a premium wine tasting in a restored 19th-century homestead overlooking McLaren Vale. Then, explore the Salvador Dalí Art exhibition and the D'Arenberg Cube before enjoying a three-course lunch at the Salopian Inn, featuring fresh, seasonal local produce. Afterward, experience Wine Tasting in the Dark, you'll wear blindfolds as you taste wine from black glasses, allowing you to discover how the absence of sight impacts your experience. Return to your accommodation in the evening, with dinner at your leisure.

Meals: breakfast, lunch | Overnight: Crowne Plaza Adelaide



Trip Itinerary



Day 9

Welcome to Kangaroo Island

Start the day with a 45-minute ferry to Kangaroo Island. Visit Seal Bay Conservation Park for a guided beach walk among wild Australian sea lions with a National Parks Ranger. After a two-course lunch, explore Flinders Chase National Park, watching for echidnas, wallabies, reptiles, and koalas as you travel through the park on the rugged coastline and down a boardwalk where you'll see a spectacular rock archway. Conclude the day at Kangaroo Island Wildlife Park, where you'll feed kangaroos and meet koalas while learning about them from the park's keepers.

Meals: breakfast, lunch, dinner | Overnight: Mercure Kangaroo Island Lodge



Mercure Kangaroo Island Lodge

Overlooking the tranquil waters of Eastern Cove in picturesque American River, Mercure Kangaroo Island Lodge is thoughtfully designed to harmonize with the surrounding seven acres of natural bushland. This luxurious retreat offers spacious rooms with stunning views of the ocean or swimming pool. During your stay, you can embark on a self-guided nocturnal walk, participate in the morning pelican feeding, or explore the property's nature trail, immersing themselves in the beauty and tranquility of the surroundings.

AMENITIES: complimentary toiletries, refrigerator, flatscreen TV, free Wi-Fi



Trip Itinerary

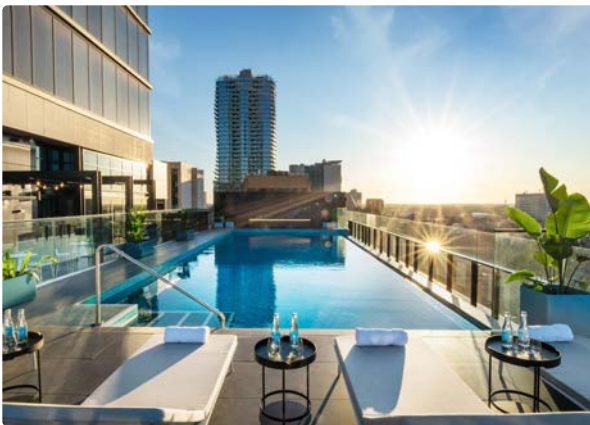


Day 10

Exquisite Tastings on Kangaroo Island

Start your day with a delicious buffet breakfast before diving into day two of your Kangaroo Island adventure. Witness the awe-inspiring Birds of Prey Presentation, then head to Emu Ridge Eucalyptus Distillery for a two-course lunch, guided tour, and tastings of refreshing Kangaroo Island Ciders. Then, At Clifford's Honey Farm, learn about honey extraction, sample a honey soft drink, and enjoy Drunken Drone Brewery's Honey Wheat Ale. After soaking in Pennington Bay's beauty, visit False Cape Wines for a premium wine tasting. End with dinner at Penneshaw Hotel before returning to Adelaide, arriving at your hotel around 10:30 PM.

Meals: breakfast, lunch | Overnight: Crowne Plaza Adelaide



Crowne Plaza Adelaide

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Trip Itinerary



Day 11

Experience Sydney by Dinner Cruise

After breakfast, transfer to Adelaide Airport for a flight to Sydney. In the evening, join your guide at King Street Wharf for a 2.5-hour all-inclusive dinner cruise on Sydney Harbor. Enjoy stunning views of iconic attractions lit up at night while savoring a three-course menu inspired by Sydney's multicultural cuisine, crafted with fresh ingredients. Dinner includes regional wines, beers, soft drinks, and tea or coffee. After this experience, return to your hotel with your guide.

Meals: breakfast, dinner | Overnight: Parkroyal Darling Harbour



Parkroyal Darling Harbour

Parkroyal Darling Harbour, Sydney, is perfectly located in the city's heart, near shopping, Town Hall, Cockle Bay Wharf, and Chinatown. Iconic landmarks like the Sydney Opera House and Harbour Bridge are close by. Relax in one of 341 stylish rooms with city or Darling Harbour views.

Amenities: free Wi-Fi, air conditioning, flat-screen TVs, a refrigerator, coffee/tea maker, electric kettle, complimentary toiletries, hair dryer, in-room safe, and cable/satellite TV for a comfortable stay.

Trip Itinerary



Day 12

Explore Sydney's Aboriginal History, Opera House, and Bondi Beach

Start your day with a guided walk through The Rocks, where an Aboriginal guide will share ancient wisdom and showcase the integration of contemporary Aboriginal culture in Sydney's vibrant heart. Explore the Sydney Opera House on a special guided tour, delving into its history, breathtaking architecture, and hidden spaces. Enjoy stunning views from Mrs. Macquarie's Chair or The Gap, followed by a visit to iconic Bondi Beach. Conclude with an unforgettable 11-course degustation farewell dinner at Nel Restaurant, reflecting on your incredible Australian adventure

Meals: breakfast, dinner | Overnight: Parkroyal Darling Harbour



Trip Itinerary



Day 13

Depart Sydney

Transfer to Sydney International Airport (SYD). Ensure that you schedule a flight with a departure time after 11 AM to allow ample time for travel and airport procedures.

What's Included

What's Included

- Accommodations as per itinerary based on double occupancy
- Domestic airfare
- All ground transportation
- All meals as listed in the itinerary
- Drinking water available from taps to refill personal bottles
- Guided sightseeing and activities as indicated in the itinerary
- Airport transfers on arrival and departure
- Trail snacks during the Arkaba Walk
- Backpack with hydration reservoir and room for personal items during the Arkaba portion of the trip
- Large overnight duffel bag for transporting your main luggage between camps via a support vehicle
- Entrance fees

Not Included

- International airfare
- Meals not specified in the itinerary
- beverages during meals other than tap water
- Alcoholic beverages (unless otherwise specified)
- Fees for passport, visas, immunizations, or travel insurance
- Cost of hospitalization or evacuation
- Items of a personal nature
- Spa, other services and optional activities booked directly at the lodging
- Gratuities

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

