



Iceland: Eclipse Adventure in the Land of Fire and Ice

DURATION | 7 Days

TRIP LEVEL | Active

Trip Overview

Experience the 2026 total solar eclipse in Iceland, a rare celestial event! Iceland offers prime viewing as totality turns day into night. Begin with a Reykjavik walking tour, then enjoy an ATV ride with views of the Blue Lagoon and Mt. Fagradalsfjall. Over seven days, savor cheese tasting with Iceland's "Queen of Cheese," sea kayak in Breiðafjörður Bay, spot puffins, trek Snæfellsnes National Park, and explore the Geysir area by buggy. Ride an Icelandic horse, soak in geothermal pools, and indulge in seafood feasts. Conclude with a horse show at Friðheimar Farm and a festive farewell dinner.

Trip Highlights

- Experience a week of active fun in Iceland riding horses, sea kayaking, and enjoying a buggy tour through hot springs, lava fields, and waterfalls.
- Witness the 2026 Total Solar Eclipse with prime viewing for a once in a lifetime experience.
- Soak in natural hot springs at the Secret and Sky Lagoons, and explore the magnificent Cave Viogelmir.

Map View



Trip Itinerary



Day 1

Welcome to Iceland!

Arrive at Keflavik International Airport (KEF) in Reykjavik in the morning or the day before. After breakfast at the hotel, you'll head out on foot to explore Reykjavik with lunch in a local bistro. In the afternoon, participate in a workshop making your own totebag out of Icelandic flowers. Settle in at the hotel for a well-deserved rest after a busy day and a taste of Icelandic delicacies.

Meals: lunch, dinner | Overnight: Hotel Reykjavik Saga



Hotel Reykjavik Saga

Hotel Reykjavik Saga is an elegant 4-star hotel that opened in July 2022. Ideally situated at the very heart of the Reykjavik city center, the hotel is a stone's throw away from picturesque Lake Tjornin, the cathedral, art museum, shops and restaurants. The hotel is on Lækjargata, a historic street in the center of Reykjavik and has been designed in a modern style that reflects Icelandic tradition. Location and environment have been fully considered throughout the design process.

Amenities: En suite bathrooms with soap, shampoo, conditioner, hair dryer, flatscreen TV, coffee / tea maker, electricity (outlet type C or F); blackout curtains, Wifi



Trip Itinerary



Day 2

Visit to Snæfellsjökull National Park and Sea Kayaking

Begin the day kayaking in Breiðafjörður Bay, known for its islands and wildlife, like puffins and seals. Learn kayaking basics, explore a shipwreck, and delve into the area's history and geology. After lunch on your own, hike through Snæfellsjökull National Park, showcasing Iceland's stunning geography, from the Snæfellsjökull Glacier to mossy lava fields and rugged cliffs. Declared a National Park in 2001, it offers diverse landscapes to enjoy. End the day with a scenic drive to your hotel, followed by a group dinner.

Meals: breakfast, dinner | Overnight: Hotel Hamar



Hotel Hamar

Located about an hour outside of Reykjavik, Icelandair Hotel Hamar is a relaxing accommodation built on an 18-hole golf course. Enjoy the natural beauty and green views from your room or have a soak in one of the geothermal-heated outdoor hot tubs.

Amenities: complimentary toiletries, flatscreen TV, Wi-Fi, air conditioning



Trip Itinerary



Day 3

Eclipse Viewing, Culture, and Nature

Today, experience the 2026 total solar eclipse, in one of the best places to witness this event. Totality begins at 17:58 UTC, briefly turning day into night for about 2 minutes. Iceland offers exceptional views, but clear skies are essential—be prepared for unpredictable weather. Before the eclipse, explore Víðgelmir, Iceland's largest and renowned lava cave, visit Johanna Bermann's at the Icelandic Goat Conservation Center, who brought the last four hornless goats in Iceland from the brink of extinction. Discover Hraunfossar waterfall, where spring water cascades over a lava field, and unwind at Krauma Spa, fed by Europe's most powerful hot spring.

Meals: breakfast, lunch, dinner | Overnight: Hotel Hamar



Trip Itinerary



Day 4

Thingvellir National Park, Great Geysir Hot Spring and Waterfall

Next up is historic Thingvellir National Park with its extraordinary natural amphitheater, where almost every important moment in Iceland's history has taken place. Continue to the Great Geysir hot spring area and Gullfoss Waterfall (the Golden Waterfall), two of Iceland's most famous sights. You'll enjoy lunch on your own today, then embark on an exhilarating guided buggy adventure and discover the enchanting Haukadalur Valley along the way.

Meals: breakfast, dinner | Overnight: Hotel Geysir



Hotel Geysir

The trademark of Iceland, the great Geysir, gave the hotel its name and Geysir is situated right outside the front door of the hotel. Haukadalur is one of Iceland's most famous historical sites, both ancient and today. The geothermal field surrounding the Great Geysir is the definitive geyser, having given its name to the geological phenomena. Strokkur, another famous geyser located at the hot spring area, gives a performance every few minutes, shooting a tower of water and steam 30 meters into the air.

Amenities: complimentary toiletries, hair dryer, safe, flatscreen TV, tea / coffee maker, Wi-Fi



Trip Itinerary



Day 5

Walk to Picturesque Waterfalls and Horse Farm Discovery

Drives toward the Þjórsárdalur Valley, enjoying a stop at the beautiful Hjalparfoss waterfall along the way. Stretch your legs at Viking ruins (Stöng) and walk to Gjáin, a tiny valley with picturesque waterfalls, tranquil ponds, and delicate volcanic structures--perfect examples of Iceland's natural beauty. Enjoy a picnic lunch in an Icelandic forest, then head to the Syðra Langholt horse farm, where you'll get to take a brief ride on the famous, gaited Icelandic horse. On your way back to the hotel, stop for a soak in the natural hot springs of the Secret Lagoon where the temperature of the water stays at 100-104 degrees Fahrenheit year-round. End this wonderful day with a dinner feast at Restaurant Mika, which specializes in seafood dishes and handmade chocolate.

Meals: breakfast, lunch, dinner | Overnight: Hotel Geysir



Trip Itinerary



Day 6

Farm Visits and Farewell Dinner

Drive to Tungufell Farm, where the woman of the house is an artist and seamstress who designs beautiful examples of Icelandic National Dress. Head to Friðheimar, a charming farm where tomatoes are grown in geothermally heated greenhouses. The farm also breeds and raises prize-winning Icelandic horses! Here you'll enjoy a guided tour of the horse stables and learn all about the Icelandic horse, which is known for its diversity of gaits, coat colors, strength, health, and good spirit. Enjoy lunch at the cozy Greenhouse restaurant. After arriving back in Reykjavík, spend time at the Sky Lagoon for a soak in the warm, mineral-rich waters. Opened in 2021, this outdoor spa is a great way to relax after a busy day. Enjoy a celebratory farewell dinner with your new friends to celebrate the end of a fantastic adventure!

Meals: breakfast, lunch, dinner | Overnight: Hotel Reykjavik Saga



Hotel Reykjavik Saga

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Amenities: En suite bathrooms with soap, shampoo, conditioner, hair dryer, flatscreen TV, coffee / tea maker, electricity (outlet type C or F); blackout curtains, Wifi

Trip Itinerary



Day 7

Depart Iceland

Enjoy your last few hours in Reykjavik this morning before you check out of the hotel. On your way to the airport, explore the Reykjanes peninsula, with its vast lava fields and breathtaking coastline. Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home. Depart from Keflavik International Airport (KEF) today after 5:00 PM.



What's Included

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- Accommodations as per itinerary based on double occupancy
- All meals as listed in the itinerary
- Activities as indicated in the itinerary
- English-speaking guide(s) throughout the trip
- All ground transportation
- One group transfer on arrival and departure
- Drinking water available from taps to refill personal bottles
- Gratuities for hotel staff and waitstaff

Not Included

- International airfare to and from Iceland
- Optional activities
- Meals not specified in the itinerary
- Alcoholic beverages (unless otherwise specified)
- Fees for passport, visas, immunizations, or travel insurance
- Cost of hospitalization or evacuation
- Solar Eclipse glasses
- Items of a personal nature
- Gratuities for main guide and driver

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

