



Iceland: The Land of Fire and Ice on Horseback

DURATION | 7 Days

TRIP LEVEL | Level 4 - High Energy

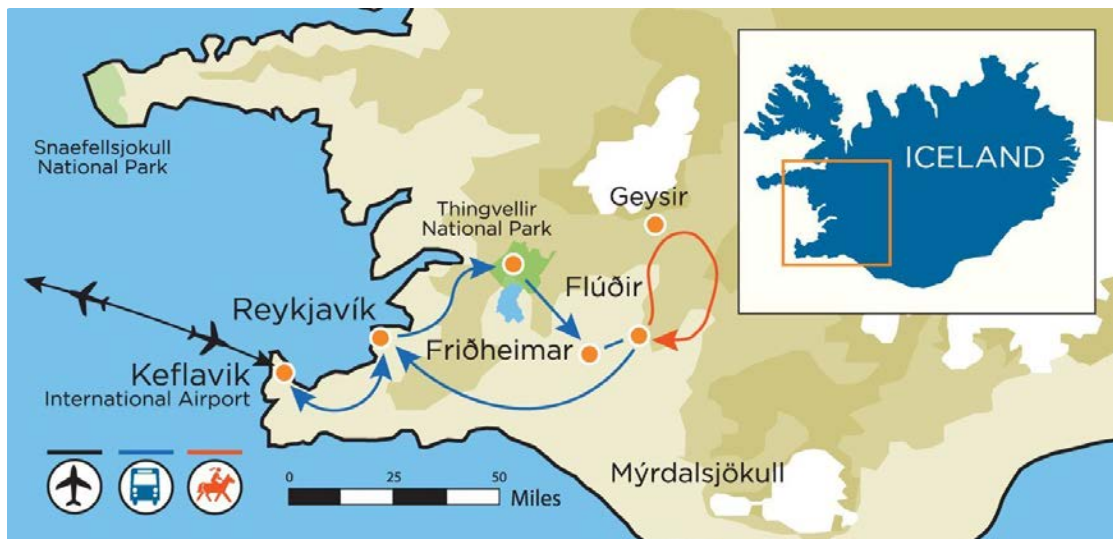
Trip Overview

Discover the breathtaking beauty of Iceland on this all-women horseback riding adventure. Begin in Reykjavík with sightseeing and gear prep, then ride Icelandic horses through stunning landscapes, including Thingvellir National Park, Gullfoss Waterfall, and untouched nature. Learn to master the unique tölt gait and unwind in geothermal pools like the Secret Lagoon. Connect with Icelandic culture through encounters with local artisans and farm visits, savoring fresh, local cuisine along the way. Conclude with a farewell dinner in Reykjavík and a relaxing soak at Sky Lagoon. This journey blends adventure, relaxation, and camaraderie in one unforgettable experience.

Trip Highlights

- Experience the unique tölt gait on Icelandic horses while exploring the country's breathtaking landscapes.
- Soak in Iceland's natural pools, including the Secret Lagoon and the luxurious Sky Lagoon
- Discover Thingvellir National Park, Gullfoss Waterfall, and meet local women artisans and farmers to learn about their crafts and traditions

Map View



Arrival: Arrive in Reykjavík, Iceland (KEF) on Day 1 by 7:00 AM.

Departure: Depart from Reykjavík, Iceland (KEF) on Day 7 after 5:00 PM.



Trip Itinerary



Day 1

Welcome to Iceland

Meet your guide at the designated hotel by 9 am. Then, enjoy a short tour of Reykjavik before stopping at an Icelandic tack shop to buy riding gloves and any other last-minute equipment you might need. Your next destination is historic Thingvellir National Park which sits atop the Mid-Atlantic Ridge, showcasing dividing plates and the lake-filled-valley serving as a natural amphitheater. Enjoy a delicious lunch in Friðheimar followed by a stable visit. Check in to your hotel and enjoy a welcome dinner to connect with your fellow travelers this evening!

Meals: lunch, dinner | Overnight: The Hill Hotel Flúðir



The Hill Hotel Flúðir

Nestled in the heart of Iceland, The Hill Hotel is your perfect adventure base. Just an hour from Reykjavík and in the midst of the Golden Circle and the breathtaking attractions of South Iceland, start your journey here explore every corner of this remarkable landscape. Enjoy comfort, convenience, and unforgettable experiences.

Amenities: complimentary toiletries, hair dryer, electric kettle, coffee / tea maker, flatscreen TV, Wi-Fi



Trip Itinerary



Day 2

Learn the Tölt and Hot Springs

After breakfast, drive to a local farm for a riding lesson to learn to ride the tölt gait. Each group will have a 30-minute lesson. For lunch, Enjoy Icelandic specialty Langoustine soup at Mika Restaurant. Set out from the farm after lunch and enjoy your first 2- hour ride on your horse followed by an afternoon soak at the Secret Lagoon. The warm water stays at a temperature of 100-104°F all year round with a nearby little Geysir that erupts every five minutes. Enjoy dinner at the hotel this evening.

Meals: breakfast, lunch, dinner | Overnight: The Hill Hotel Flúðir



Trip Itinerary



Day 3

Gullfoss Waterfall and Icelandic Costume Design

After breakfast, head out for today's ride which will last for about 3-4 hours through the beautiful countryside of Iceland. Stop along the way for a picnic lunch before continuing to the beautiful Gullfoss waterfall and the Geysir hot springs. Then, meet with a local woman who will teach you about Icelandic costume design, a tradition that has lasted since the 19th century before heading back to the hotel for dinner. Enjoy dinner at the hotel and relax in the hot tub this evening.

Meals: breakfast, lunch, dinner | Overnight: The Hill Hotel Flúðir



Trip Itinerary



Day 4

River Ride, Natural Pools and Fashion Design

After breakfast at the hotel, return to the farm and head off on today's riding adventure. Ride underneath basalt columns along the canyon of the river. Enjoy a picnic lunch before setting off to soak in one of Iceland's many natural pools. This afternoon you will have the opportunity to meet with a local fashion designer who also happens to love horses! Visit her farm and hear about the inspiration for her unique clothing designs.

Meals: breakfast, lunch, dinner | Overnight: The Hill Hotel Flúðir



Trip Itinerary



Day 5

Visit to Goat Farm and Wilderness Ride

Enjoy a wonderful 3-5 hour ride into the uninhabited wilderness with views of the wild green mountainside, follow little creeks with spring water, and get a wonderful feeling of freedom while atop your horse! Enjoy a picnic lunch along the way. Stop for a visit at Vorsabær Horse Breeding Farm, where a local women will introduce us to her goats, sheep, cattle, chickens and other farm animals.

Meals: breakfast, lunch, dinner | Overnight: The Hill Hotel Flúðir

Trip Itinerary



Day 6

Visit Woolen Shops and Sky Lagoon

After breakfast, begin the scenic drive back to Reykjavík. Along the way, enjoy a visit to a local woolen shop and stop in Selfoss, explore the charming new town center, and discover many lunch options in town. Conclude the journey with a relaxing visit to the Sky Lagoons. Arrive at your hotel in Reykjavik for your farewell dinner with your new AdventureWomen friends. Reminisce over all the memories you have made and celebrate the end of an amazing journey through this truly spectacular country.

Meals: breakfast, dinner | Overnight: Hotel Reykjavik Saga



Hotel Reykjavik Saga

Hotel Reykjavik Saga is an elegant 4-star hotel that opened in July 2022. Ideally situated at the very heart of the Reykjavik city center, the hotel is a stone's throw away from picturesque Lake Tjörnin, the cathedral, art museum, shops and restaurants. The hotel is on Lækjargata, a historic street in the center of Reykjavik and has been designed in a modern style that reflects Icelandic tradition. Location and environment have been fully considered throughout the design process.

Amenities: En suite bathrooms with soap, shampoo, conditioner, hair dryer, flatscreen TV, coffee / tea maker, electricity (outlet type C or F); blackout curtains, Wi-Fi



Trip Itinerary



Day 7

Depart Iceland

Enjoy your last few hours in Reykjavik this morning before you check out of the hotel. Say goodbye to your new AdventureWomen friends as you transfer to the airport for your flights home.

What's Included

What's Included

- Accommodations as per itinerary based on double occupancy
- All meals as listed in the itinerary
- Fly Bus ticket on arrival and departure days
- Activities as indicated in the itinerary
- English-speaking guide(s) throughout the trip
- All ground transportation
- Drinking water available from taps to refill personal bottles
- Gratuities for hotel staff and waitstaff

Not Included

- International airfare to and from Iceland
- Optional activities
- Meals not specified in the itinerary
- Alcoholic beverages (unless otherwise specified)
- Fees for passport, visas, immunizations, or travel insurance
- Cost of hospitalization or evacuation
- Items of a personal nature
- Gratuities for main guide and driver

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

