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Azores: Hiking in the Jewel of the Atlantic

DURATION | 10 Days

TRIP LEVEL | Level 3 - Dynamic

Trip Overview

Natural wonders and rich cultural heritage come together in spectacular fashion on this journey to the Azores. Begin by exploring the UNESCO World Heritage city of Angra do Heroísmo. Lace up your boots for scenic hikes along São Sebastião and Rocha de Chambre trails, then reward yourself with a soak in volcanic natural pools. Take in sweeping vistas from Serra do Cume and delve into the depths of volcanic lava tubes. Experience São Miguel Island's raw beauty with a 4x4 tour and kayaking at Sete Cidades, followed by a serene hike along the Moinhos da Ribeira Funda trail. Unwind in steaming thermal waters and sip locally grown Gorreana tea. Wrap up with guided city tours, visits to an ethnographic museum, dairy farm, and botanical gardens, all capped off with a fun tree-top adventure.

Trip Highlights

- Join expert local guides for walking tours of charming Angra do Heroísmo and Ponta Delgada, experiencing the region's rich history and local women-owned shops.
- Enjoy a challenging, yet rewarding hike at Rocha do Chambre taking in spectacular views of Guilherme Moniz, the second-largest volcanic caldera in the Azores, along your route.
- · Spend a day at one of the Azores' natural wonders, choosing from kayaking, biking, or simply relaxing by the water.

Map View



Arrival: Arrive in Terceira, Azores, Portugal (TER) on Day 1 by 2:00 PM.

Departure: Depart from Ponta Delgada, Azores, Portugal (PDL) on Day 10 at any time.



Day 1

Arrive in Terceira

After being picked up at the Terceira Airpot (TER) airport, check into your hotel then join your local guide for a walking tour of Angra do Heroísmo, the charming island capital and a UNESCO World Heritage Site, rich in history and culture. The tour covers approximately 3 miles and lasts about 2 hours walking on mostly level terrain with cobblestones. In the evening, gather with your guide and fellow travelers for orientation followed by a festive welcome dinner.

Meals: dinner | Overnight: The Azores Book Hotel



The Azores Book Hotel

Nestled in the heart of Ponta Delgada, The Azores Book Hotel is a boutique hideaway that celebrates both literature and the untamed beauty of the Azores. Thoughtfully designed for the curious traveler, every corner invites reflection, from the cozy reading nooks lined with books to the light-filled café where local flavors meet creative inspiration. Spacious, modern rooms blend natural textures and contemporary comfort, while warm Azorean hospitality makes you feel instantly at home.

Amenities: complimentary toiletries, hair dryer, bottled water, flascreen TV, safe, air conditioning, Wi-Fi



Day 2 Hike the Lagoinha Trail

Your hike today begins at a viewpoint overlooking the island's western coastline. The climb is steady, leading you to Lagoinha, a stunning volcanic lake perched at 2,400 feet above sea level. You'll then return to the hotel to relax or explore charming Angra do Heroísmo, with lunch on your own. The afternoon highlight is a visit to the home of a local family, where you'll be welcomed into their kitchen to learn about the local ingredients used in preparing Alcatra, a traditional Azorean beef stew

Todav's hike covers 6 miles/about 3 hours with a total elevation gain of 1.900 feet and a loss of 1.600 feet.

Meals: breakfast, dinner | Overnight: The Azores Book Hotel



Day 3

Rocha do Chambre Trail and Vineyard Visit

After breakfast at the hotel, board your private bus for a brief drive to Rocha do Chambre for a challenging hike with stunning views of Guilherme Moniz. Enjoy lunch at a local restaurant, savoring regional cuisine and Azorean hospitality. Cool off with a swim in Biscoitos' natural ocean pools. Visit Materramenta winery to learn about Terceira's winemaking traditions and taste local wines. Spend the evening on your own exploring Angra do Heroísmo or relaxing at the hotel, dining at a restaurant of your choice

Today's hike covers 5.5 miles/about 2.5 to 3 hours. with a total elevation gain of 900 feet and a loss of 800 feet.

Meals: breakfast, lunch | Overnight: The Azores Book Hotel



Day 4

Fly to Sao Miguel Island

Enjoy breakfast at the hotel and check out by 11:00 AM. The morning is at leisure before meeting your guide for lunch. After lunch, board your private bus for a scenic drive to the airport, exploring an empty volcanic lava tube and visiting the Serra do Cume viewpoint. Check in for your flight to Ponta Delgada on São Miguel Island. Upon arrival, collect your luggage and transfer to your hotel, where a light buffet awaits before you settle in for the night.

Meals: breakfast, lunch, dinner | Overnight: Hotel Marina Atlântico



Hotel Marina Atlântico

The Hotel Marina Atlântico, located in the heart of Ponta Delgada, showcases modern architecture inspired by a ship, with towering masts resting on the shore. Positioned directly on the seafront, across from the bustling seaport, it offers expansive views of the marina promenade, lined with shops and restaurants just steps away. Renowned as a landmark on São Miguel Island, the hotel's bright and contemporary nautical-themed decor creates an inviting atmosphere for a memorable stay.

Amenities: complimentary toiletries, hair dryer, mini fridge, flascreen TV, safe, laundry service, air conditioning, Wi-Fi



Day 5

Ponta Delgada City Tour

After breakfast, join your local expert for a guided walking tour of Ponta Delgada, exploring its rich history and architecture. Stroll through the historical town center and scenic seafront, enjoying views of the Atlantic. After lunch at a local restaurant, drive to Capelas to visit the Oficina Museu, an ethnographic museum curated by a retired couple. Return to the hotel in the late afternoon to unwind at the pools and spa. End the day with dinner at a local restaurant.

Meals: breakfast, lunch, dinner | Overnight: Hotel Marina Atlântico



Day 6

Sete Cidades Adventure

After breakfast, depart in 4x4 vehicles for an off-road journey to Sete Cidades. The 40-minute drive offers views of the Atlantic Ocean and the "Twin Lakes." Explore the village of Sete Cidades, visit the local church, or walk along the lake's edge. Enjoy a picnic lunch surrounded by lush greenery. After lunch, try biking, SUP, or kayaking on the crater lakes, or relax by the water. Return to Ponta Delgada in the late afternoon, with dinner at your leisure.

Meals: breakfast, lunch | Overnight: Hotel Marina Atlântico



Day 7

Scenic Views and a Coastal Hike

Enjoy breakfast at the hotel and check out. Board the bus for a morning of exploration, starting with a 30-minute drive to Pico da Barrosa for panoramic views of Lagoa do Fogo. Continue to São Brás to visit the Gorreana Tea Plantation, learning about tea-making, strolling through the fields. Enjoy a picnic lunch at a scenic viewpoint. After lunch, hike the coastal trail at Moinhos da Ribeira Funda, ending at Praia da Viola. Arrive at your hotel in Furnas for dinner and a relaxing dip in the thermal pools.

Today's hike covers 5 miles/approximately 3 hours. with a total elevation gain of 500 ft. and a loss of 1.480 ft.

Meals: breakfast, lunch, dinner | Overnight: Terra Nostra Garden Hotel



Terra Nostra Garden Hotel

Located in the heart of Furnas, the hotel sits within the beautifully landscaped and unique Terra Nostra Botanical Gardens. Guests can enjoy the thermal pool and natural Jacuzzis, offering a truly relaxing and rejuvenating experience in this one-of-a-kind setting.

Amenities: complimentary toiletries, hair dryer, minibar, flascreen TV, safe, laundry service, air conditioning, Wi-Fi



Day 8

Dairy Farm Visit, CIAF-Furnas Lagoon Monitoring Center, Fumaroles, Botanical

After breakfast, visit a family-run dairy farm to learn about their lactose-free milk and unique cheese. Head to Furnas Lagoon to explore the Monitoring and Environmental Interpretation Centre (CIAF) and see important conservation efforts. Stop at the fumaroles to witness your Cozido lunch being lifted from underground. The Cozido is a hearty slowcooked (6 hours!) stew made underground using volcanic heat Enjoy this hearty stew back at the hotel. After lunch, visit the Terra Nostra Botanical Garden with an expert guide. Enjoy free time to explore or relax in the thermal pool. Dinner is at your leisure.

Meals: breakfast, lunch | Overnight: Terra Nostra Garden Hotel



Day 9

Salto da Farinha Trail and Tree Top Adventure

Enjoy breakfast at the hotel before departing for your final hike. Drive 30 minutes to the Salto da Farinha trail, walking through lush forests and past waterfalls. End at a stunning viewpoint and enjoy a picnic lunch. Return to Furnas Lagoon for an optional Tree Top Adventure featuring climbing walls, zip lines, Tibetan bridges, and other forest obstacles or explore Furnas village and soak in the thermal pools. Gather for a festive farewell dinner with your AdventureWomen friends, celebrating the conclusion of an amazing journey.

Todav's hiking covers 2.7 miles/about 2 hours with a total elevation loss of 1300 ft. and a gain of 700 ft.

Meals: breakfast, lunch, dinner | Overnight: Terra Nostra Garden Hotel



Day 10

Depart the Azores

Enjoy breakfast at the hotel. This morning and the rest of the day is at leisure to finish your packing before your 11:00 AM room check out and transfer to Ponta Delgada airport (PDL). You may book your flight to depart at any time today.

What's Included

What's Included

- Accommodations as per itinerary based on double occupancy
- · Domestic airfare
- · All meals as listed in the itinerary
- · Wine, soft drinks and water at included meals
- All ground transportation, including group transfers on arrival and departure
- · English-speaking tour leader throughout the trip
- · Activities as indicated in the itinerary
- · Drinking water available from taps to refill personal bottles
- All gratuities except for guides and drivers (hotel, wait staff, luggage porters, ...)

Not Included

- · International airfare
- · Meals not specified in the itinerary
- · Optional activities and items of a personal nature
- · Alcoholic beverages (unless otherwise specified)
- · Fees for passport, visas, immunizations, or travel insurance
- · Cost of hospitalization or evacuation
- · Gratuities for guides and drivers

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

