Visit: www.adventurewomen.com
Email: info@adventurewomen.com
Call: 1.800.804.8686

Italy: A New Dolomites Journey from Hut to Hut

DURATION | 11 Days

TRIP LEVEL | Level 5 - Challenging

Trip Overview

Explore the breathtaking Dolomites on this all-women's adventure, hiking through alpine villages, dramatic ridgelines, serene valleys, and lush forests. Ascend Mount Ferro, Mount Peralba, and Mount Talm, and traverse scenic passes while enjoying panoramic views of UNESCO-recognized peaks. Discover charming villages like Cima Sappada, Rigolato, and Pesariis, renowned for its clockmaking heritage, and experience local culture through artisanal workshops, fresh mountain lunches, and cozy alpine huts. Each day combines invigorating hikes with moments to relax, connect with fellow travelers, and soak in the beauty of the Dolomites. Conclude with a festive farewell dinner and lasting memories!

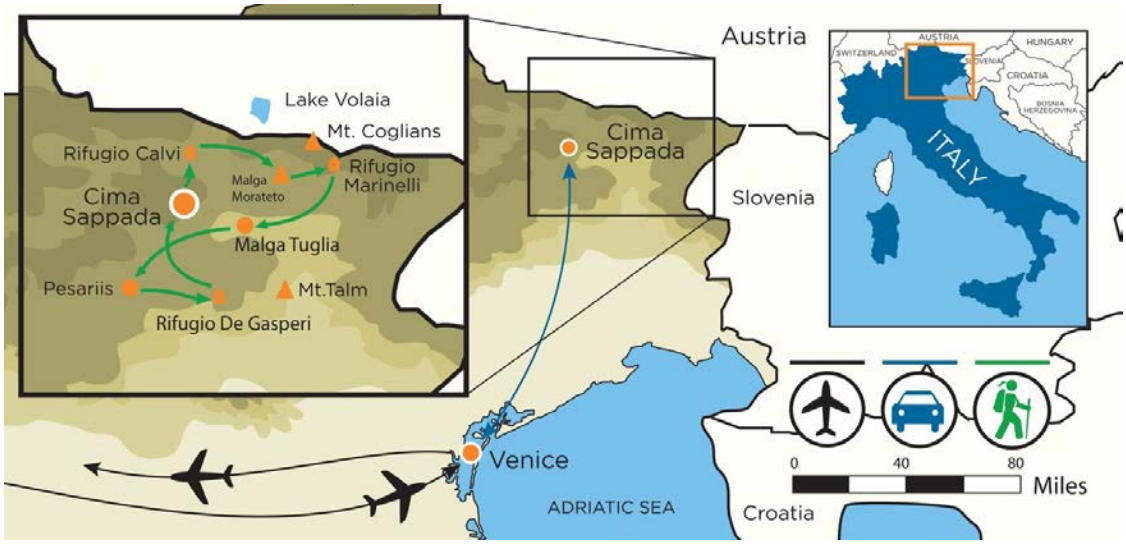
Trip Highlights

• Explore Cima Sappada and Rigolato, picturesque mountain villages surrounded by flower-filled meadows, rolling pastures, and traditional homes with fish-scale rooftiles—perfect for orientation walks and soaking in authentic alpine life

• Hike to Mount Ferro, Peralba, Mount Talm, and across ridgelines, valleys, and beech forests, gaining incredible elevation while experiencing the raw beauty and UNESCO-recognized majesty of the Dolomites.

• Discover Pesariis, the "town of the clocks," enjoy artisanal workshops, local dairy lunches, and alpine huts, blending adventure with authentic Italian traditions, cuisine, and immersive cultural encounters.

Map View



Arrival Information: Arrive in Venice, Italy (VCE) before 11:00 AM today.
Departure Information: Depart Venice, Italy (VCE) any time after 12:00 PM today.

Trip Itinerary

Day 1

Welcome to Italy!

Welcome to the breathtaking Dolomites! After arriving in Venice, meet your expert Italian guide and travel together through the scenic countryside to your cozy chalet in the alpine village of Cima Sappada. Settle in and stretch your legs on an easy orientation walk through this picturesque mountain town, surrounded by sweeping valleys and flower-filled meadows. This evening, enjoy a lively welcome dinner with your fellow travelers—sharing stories and excitement for the days ahead.

Today's hike: 3–4 miles; approximately 2.5 hours.

Meals: dinner | Overnight: Bach Boutique Hotel

Bach Boutique Hotel

Renovated at the end of 2021, this hotel offers ten modern rooms and is located on the main street of Sappada.

Amenities: complimentary toiletries, hair dryer, Wi-Fi

Trip Itinerary

Day 2

Enjoy Local Dairy and Mount Ferro Hut!

Begin your first full day in the Dolomites with a scenic hike to the Mount Ferro hut, climbing 1,300 feet over two rewarding hours. Along the way, learn about the unique Dolomite Rock that gives these mountains their name and UNESCO World Heritage status. Pause midday at a mountain dairy farm for a fresh, local lunch before descending back to your village hotel. Spend the afternoon relaxing or exploring at your own pace—dinner tonight is on your own.

Today's hike: 6–7 miles; approximately 2 hours; 1,300 feet of elevation gain and loss.

Meals: breakfast, lunch | Overnight: Bach Boutique Hotel

Trip Itinerary

Day 3

Into the Heart of the Dolomites

Continue your journey deeper into the Dolomites with a challenging and rewarding hike toward the striking Mount Peralba, near the Austrian border. Gain approximately 3,000 feet in elevation as you follow scenic alpine trails, pausing along the marmot trail for a picnic lunch surrounded by breathtaking views. By afternoon, arrive at Calvi Hut (7,110'), your cozy mountain refuge for the night. Unwind with dinner and share stories from the trail.

Today's hike: 8 miles; 3–4 hours; 3,000 feet of elevation gain.

Meals: breakfast, lunch, dinner | Overnight: Rifugio Calvi

Rifugio Calvi

Located in the basin of the Piave River, the Rifugio Calvi is a family-run boutique property with 50 bunk beds.

Amenities: shared unisex bathrooms with one toilet and one shower with limited, timed hot water, electricity until 11 PM, and limited electrical outlets and no Wi-Fi.

Trip Itinerary

Day 4

Across the Rugged Dolomites

Today's hike takes you through some of the most dramatic terrain in the Dolomites. Set out from your mountain hut and trek across rocky ridgelines and alpine passes before descending through lush, forested valleys. Along the way, pause to take in sweeping views that capture the raw beauty of these mountains. After a rewarding day on the trail, arrive at your next cozy hut for a well-earned dinner and rest.

Today's hike: 11–12 miles; approximately 6 hours; 2,500 feet of elevation gain and 6,000 feet of descent.

Meals: breakfast, lunch, dinner | Overnight: Malga Morareto

Malga Morareto

The Malga Morareto is a charming property with spectacular views and which doubles as a dairy farm.

Amenities: unisex shared bathrooms & showers, hot water, electricity.

Trip Itinerary

Day 5

Yoga and Mount Coglians

This morning, we enjoy some leisure time at the Malga (an optional yoga class is available), before heading to Rifugio Marinelli on the slopes of Mount Coglians, the highest peak in Friuli region. Once arrived, enjoy lunch at the hut. The afternoon is at leisure: either relax or, you can join an excursion to explore the paths surrounding the refuge.

Hike: 3 miles / 2.5 hours. Elevation: + 2.400 feet

Meals: breakfast, lunch, dinner | Overnight: Rifugio Marinelli

Rifugio Marinelli

Nestled in the hills of the Dolomites, the Rifugio Marinelli is a family-run property with 50 beds.

Amenities: shared bathrooms and showers, hot water, electricity.

Trip Itinerary

Day 6

From Mountain Trails to Alpine Villages

Journey from the high peaks back toward the charming valleys of the Dolomites, passing through authentic mountain villages with rooftiles shaped like fish scales. Enjoy a peaceful picnic lunch along the way before reaching the hamlet of Rigolato. From there, a private transfer takes you to Piani di Vas, where a short, scenic hike leads to the welcoming Malga Tuglia. Settle in, relax, and savor dinner surrounded by alpine tranquility.

Today's hike: approximately 5 hours; 460 feet of elevation gain and 4,500 feet of descent.

Meals: breakfast, lunch, dinner | Overnight: Malga Tuglia

Malga Tuglia

The Malga Tuglia is a charming property with spectacular views and which doubles as a dairy farm.

Amenities: unisex shared bathrooms & showers, hot water, electricity.

Trip Itinerary

Day 7

Through the Valleys to Historic Pesariis

Set out this morning toward the Entralais Pass, ascending to 7,185 feet for sweeping views of the Pesarine Dolomites and the Carnic Alps. Your hike winds through serene beech forests and open pastures before descending into the picturesque village of Pesariis, known for its centuries-old homes and intricate clockmaking tradition. After checking into your charming farmhouse in the historic center, unwind and savor a delicious homemade dinner prepared by your local female host.

Today's hike: approximately 6 hours; 1,300 feet of elevation gain and 3,900 feet of descent.

Meals: breakfast, lunch, dinner | Overnight: Farmhouse Sot La Napa

Farmhouse Sot La Napa

The welcoming Farmhouse Sot la Napa is in a restored home built in the 1600s. Stay in the comfortable rooms and admire the original frescos and local stone floors as well as a typical "fogolar" (open fireplace).

Amenities: complimentary toiletries, hair dryer. Wi-Fi does not work well.

Trip Itinerary

Day 8

Forests and Peaks of the Degano Valley

Today's adventure takes you deep into the heart of the Degano Valley, where towering centuries-old beech trees create a serene canopy overhead. Hike through vibrant green forests and along gentle riverbanks, gaining 3,200 feet of elevation before descending 700 feet toward your mountain hut. Pause midday to enjoy a peaceful picnic lunch surrounded by alpine beauty. This evening, share stories and dinner with your fellow travelers at your cozy hut.

Travel Note: Since Malga Tuglia is not accessible by vehicle, luggage will be transported separately from Vuezzis to the hotel in Pesariis. Guests should bring one light backpack with everything needed for the overnight stay.

Today's hike: 7 miles; approximately 5 hours; 3,200 feet of gain and 700 feet of descent

Meals: breakfast, lunch, dinner | Overnight: Farmhouse Sot La Napa

Trip Itinerary

Day 9

Summiting Mount Talm and Exploring Pesariis

Begin your day with a rewarding ascent of Mount Talm, reaching 5,680 feet and taking in sweeping views of the Pesarine Dolomites and the Carnic Alps. Continue your hike through the scenic Pesarina Valley, winding your way toward the charming village of Pesariis, known as the “town of the clocks.” Check into your farmhouse for the next two nights, then enjoy a walking tour to get acquainted with the village. Spend the rest of the day exploring at your leisure—dinner tonight is on your own.

Today’s Hike: 10 miles; approximately 6 hours; elevation gain 1,850 feet, descent 4,700 feet.

Meals: breakfast, lunch, dinner | Overnight: Rifugio de Gasperi

Rifugio de Gasperi

The refuge serves as a base for splendid ascents on the peaks of the Pesarine Dolomites, such as Clap Grant, Creton, and Lastron di Culzei. Next to the De Gasperi Refuge is the Botanical Garden of Clap Grant, where about 200 species of mountain plants are collected, from the most common to the protected ones, increasingly difficult to find elsewhere. Among others, there are medicinal and poisonous plants, orchids, and lilies.

Amenities: complimentary toiletries, Wi-Fi does not work well.

Trip Itinerary

Day 10

Exploring Pesariis and a Farewell Celebration

Spend your last full day with a relaxing morning in Pesariis at your own pace: stroll through the charming village, take in the valley views, or simply enjoy some quiet time. Lunch is on your own today. In the afternoon, hop on a public bus to visit an artisanal laboratory, where you'll discover the craft behind traditional musical instruments. Return to your farmhouse in the evening for a festive farewell dinner, celebrating the incredible sights, adventures, and memories you've shared with your fellow travelers during your Dolomites journey

Meals: breakfast, lunch, dinner | Overnight: Bach Boutique Hotel

Bach Boutique Hotel

Renovated at the end of 2021, this hotel offers ten modern rooms and is located on the main street of Sappada.

Amenities: complimentary toiletries, hair dryer, Wi-Fi

Trip Itinerary

Day 11

Departure from the Dolomites

After an unforgettable journey through the Dolomites, it’s time to say farewell. Enjoy a scenic 2.5-hour transfer back to the Venice airport with your group, reflecting on the adventures, breathtaking landscapes, and memories you’ve made along the way.

What's Included

What's Included

• Accommodations based on 3-6 people per room in the huts and single or double rooms at other locations
• All meals as listed in the itinerary
• Wine or beer, coffee or tea at dinner
• One group transfer on arrival and departure
• Professional, English-speaking guide throughout the trip
• Luggage transportation from hut to hut
• All gratuities except for the head and support guide

Not Included

• International airfare to and from Italy
• Fees for passport, visas, immunizations, or travel insurance
• Cost of hospitalization or evacuation
• Items of a personal nature
• Meals not specified in the itinerary
• Alcoholic beverages (unless otherwise specified)
• Gratuities for the head and support guides

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.