



Morocco: Hiking the Atlas Mountains and Wandering Marrakech

DURATION | 10 Days

TRIP LEVEL | Level 4 - High Energy

Trip Overview

Journey into the soul of Morocco on an unforgettable adventure from the energy of Marrakech to the wild beauty of the Atlas Mountains. Hike through epic valleys and storybook villages, strolling historic Berber communities where traditions endure. Trek deep into Toubkal National Park, surrounded by Morocco's highest peaks and breathtaking alpine scenery. In addition, you'll experience Marrakech's timeless treasures, including a 12th-century mosque and a UNESCO World Heritage site at the city's heart that echo centuries of culture and wonder.

Trip Highlights

- Traverse beautiful Atlas trails linking valleys, passes, and farms, guided by locals, with ever-changing landscapes, crisp mountain air, and rewarding viewpoints at every turn ahead.
- Connect with Berber culture through village visits, shared meals, traditional architecture, music, and stories, gaining insight into resilient mountain life shaped by history and hospitality.
- Balance adventure and comfort by staying in refined riads and kasbahs, where peaceful gardens, regional cuisine, and attentive service restore body and spirit nightly gently.

Map View



Arrival: Arrive in Marrakech, Morocco (RAK) on Day 1 by 4:00 PM.

Departure: Depart from Marrakech, Morocco (RAK) on Day 10 at any time.



Trip Itinerary



Day 1

Arrival in Marrakech & Welcome Dinner

Arrive in Morocco via Marrakech International Airport-RAK by mid-afternoon, where your guide and driver will meet you at the exit of Terminal 1 for a 20-minute group transfer into the city. One group transfer will be provided with the specific time determined closer to departure. Private transfers at other times are available for purchase. After settling into your riad—an oasis hidden behind ancient walls—you'll gather with your fellow travelers and guides for a welcome dinner.

Meals: dinner | Overnight: Palais Sebban



Palais Sebban

A true jewel of Moroccan-Andalusian architecture, the Palais Sebban welcomes you all year round, in one of the most beautiful riads in the heart of the Medina of Marrakech. The Palais Sebban is named after the former owner of the place: the caïd (chief) Sebban. It has been maintained for centuries by his family. After 4 years of work and rehabilitation, the guest rooms opened their doors and have become a majestic cocoon of tranquility and happiness since 2006.

Amenities: air conditioning, Wi-Fi, safe, minibar



Trip Itinerary



Day 2

Ourika Valley Hike

After breakfast, drive an hour south of Marrakech to the entrance to the Ourika Valley located in the Moroccan High Atlas mountains. Along the way, catch its waters from the snowy peaks of Adrar N Dern. Enjoy a short walk along the fields to reach the hotel. Enjoy a picnic lunch. This afternoon, hike from the hotel to a panoramic ridge overlooking the valley, passing through shaded forest before descending back to the hotel. Tonight, relax with dinner at the hotel after a rewarding first hike.

Today's total hiking will be 3.5 miles, 2 hours, with 500 feet of elevation gain and 500 feet of elevation descent.

Meals: breakfast, lunch, dinner | Overnight: Hotel Bab Ourika



Hotel Bab Ourika

The Kasbah Bab Ourika stands in an exceptionally beautiful landscape in the Atlas Mountains at the apex of the Ourika Valley, it looks down to the river, green fields and groves of olives, oranges and lemons, and up to the dazzling snowy Mountain peaks.

Kasbah Bab Ourika is a unique Boutique Hotel where luxury is about exceptional location, genuine warm Berber welcoming, the uniqueness and beauty of the interiors and attention to details and most of all about connection with the incredible nature that surrounds us.



Trip Itinerary



Day 3

Explore Ourika Valley

A scenic 30-minute drive brings you to the narrow heart of the Ourika Valley, where today's hike begins near the village of Iraght. Follow a zig-zag path climbing steadily into the mountains, crossing into Tizi n Oucheg, a favorite base for local hikers. Along the way, catch glimpses of daily Berber life before continuing through Anamer and descending to Tazitounte, known for its terraced farms. Enjoy a picnic or guesthouse lunch, weather permitting, followed by dinner at your hotel. Today's total hiking will be 6.2 miles, 4-5 hours, with 1,350 feet of elevation gain and 1,350 feet of elevation descent.

Meals: breakfast, lunch, dinner | Overnight: Hotel Bab Ourika



Trip Itinerary



Day 4

From Atlas Foothills to Imlil Village

After breakfast, travel through the foothills of the Atlas Mountains, passing Tahanaoute and the apple-growing region of Asni before following the Imnanen Valley to the village of Ikkis, the starting point of today's hike. Trek gradually uphill to the Tizi n Aguersioual pass, then descend via a zigzag mule path to Aguersioual. Continue along the Ait Mizane Valley to Imlil, a welcoming mountain village set high in the Atlas. Enjoy a picnic or guesthouse lunch, with dinner at your hotel. Today's total hiking will be 5 miles, 4 hours, with 650 feet of elevation gain and 1,300 feet of elevation descent.

Meals: breakfast, lunch, dinner | Overnight: Dar Imlil



Dar Imlil

Situated deep within Toubkal National Park, Riad Dar Imlil is inspired by its dramatic mountain setting and rich Berber heritage. Our traditional riad offers the perfect blend of authentic Moroccan charm and modern comfort. Whether you're preparing to summit Mount Toubkal, seeking a peaceful mountain retreat, or exploring the beauty of Morocco, Dar Imlil welcomes you with warm hospitality and stunning panoramic views.

Amenities: complimentary toiletries, hair dryer, tea & coffee, air conditioning, Wi-Fi

Trip Itinerary



Day 5

Sacred Paths to Sidi Chamharouch

Set out directly from your hotel and hike to the village of Aremd, dramatically perched on a moraine overlooking the valley. Continue through an alpine landscape toward the revered shrine of Sidi Chamharouch, a sacred Muslim pilgrimage site set at 7,739 feet and built around a striking natural rock. Along the way, pass waterfalls and increasingly rugged terrain that signal the transition to higher altitudes. Enjoy a picnic lunch or guesthouse meal, depending on weather, then return to your hotel for a well-earned dinner. Today's total hiking will be 7.5 miles, 5-6 hours, with 2,000 feet of elevation gain and 2,000 feet of elevation descent.

Meals: breakfast, lunch, dinner | Overnight: Dar Imlil

Trip Itinerary



Day 6

Hike through the Toubkal National Park

Depart directly from your hotel and begin a gradual climb along a winding path up to the Tizi Mzik pass at 8,000 feet. From the high point, circle Adrar Adj before descending through the village of Tzi Ousse. After the hike, transfer 45 minutes to Ouirgane, where your luggage awaits. Lunch is a picnic or guesthouse meal, weather permitting. Settle into your secluded retreat and enjoy dinner at the hotel, featuring refined French and Moroccan cuisine. Today's total hiking will be 5.6 miles, 4-5 hours, with 2,000 feet of elevation gain and 2,000 feet of elevation descent.

Meals: breakfast, lunch, dinner | Overnight: Domaine de la Roseraie



Domaine de la Roseraie

Domaine de la Roseraie is an eco-chic garden retreat nestled in the High Atlas Mountains and spread over 80 acres. Guests can wander through the property to discover and take in the views of the surrounding Atlas mountains while wandering through La Roseraie's organic kitchen and herb garden, birdwatch and explore the surrounding Berber villages and their rich culture. For decades, La Roseraie has preserved its old-charm atmosphere while evolving with its time. Rooms and suites are decorated in a warm and cozy Moroccan style, opening into luscious gardens with centuries-old olive trees surrounded by beds of roses and lavender.

Trip Itinerary



Day 7

A Day of Rest and Renewal with Optional Hike

After five rewarding days of hiking, today is yours to unwind and enjoy the peaceful setting of your beautiful accommodation. Relax by the gardens, take in the mountain views, or savor a leisurely lunch at the hotel. If you're feeling energized, join an optional guided hike to a panoramic viewpoint or take part in the hotel's signature botanical walk, led by local experts who share insights into native plants and Berber culture. For those who choose it, the scenic village hike covers three gentle miles through the surrounding countryside.

Meals: breakfast, lunch, dinner | Overnight: Domaine de la Roseraie



Trip Itinerary



Day 8

Transfer back to Marrakech

After a leisurely breakfast, return to Marrakech with a scenic 90-minute drive from the mountains. In the afternoon, enjoy a guided walk to Jemaa El Fna, the city's legendary main square and cultural heart since the 11th century. Now a UNESCO World Heritage site, the plaza buzzes with storytellers, musicians, food stalls, artisans, and age-old traditions unfolding in real time. Located just a short walk from your hotel, it offers a vivid contrast to the quiet days in the Atlas. Dinner is on your own, with endless local options nearby.

Meals: breakfast, lunch | Overnight: Palais Sebban



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Amenities: air conditioning, Wi-Fi, safe, minibar

Trip Itinerary



Day 9

Discover Marrakech

Begin the day with a guided city tour led by a knowledgeable local guide. Visit the iconic Koutoubia Mosque, dating to the 12th century, before exploring ornate palaces and winding souks where history, craftsmanship, and everyday life intertwine. Along the way, savor local flavors that bring the city's culture to life. After lunch, enjoy time to continue exploring or relax at your hotel. In the evening, gather with your AdventureWomen companions for a festive farewell dinner, sharing stories, laughter, and memories from an unforgettable journey through Morocco.

Meals: breakfast, dinner | Overnight: Palais Sebban



Trip Itinerary



Day 10

Depart Marrakech

Today marks the conclusion of your Moroccan adventure. After breakfast, say goodbye to your AdventureWomen companions as you transfer to Marrakech Menara Airport for flights home. Departures are available at any time today. Take a final moment to reflect on the shared experiences—from mountain trails and Berber villages to the vibrant energy of Marrakech—and carry those memories with you as you journey home, inspired by the landscapes explored and the connections made along the way.



What's Included

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- Accommodation as listed, based on double occupancy
- All meals, as listed in the itinerary
- All ground transportation
- One airport group transfer on scheduled arrival and departure days
- Guided sightseeing and activities as indicated in the itinerary
- English-speaking guide(s) throughout the trip
- Drinking water available in large jugs to refill personal bottles
- Gratuities for hotel staff, luggage porters, and waitstaff
- Bottled water, tea or coffee with included group meals

Not Included

- International airfare to and from Morocco
- Optional activities
- Meals not specified in the itinerary
- Alcoholic beverages (unless otherwise specified)
- Fees for passports, visas, immunizations
- Travel Insurance: cost of medical expenses, hospitalization, evacuation
- Items of a personal nature
- Gratuities for guides and drivers

Please note: AdventureWomen will attempt to adhere to the itinerary as much as possible. However, certain conditions (political, climatic, environmental, and cultural) may necessitate changes in the itinerary. AdventureWomen reserves the right to alter any itinerary at any time if necessary. We will attempt to notify participants of changes as far in advance as possible. Costs incurred by such changes will be the responsibility of the participants.

